

JULY 2014

# the Hummm

free

Arts,  
Entertainment  
& Ideas

p.28 & 29



July's Events



p. 17-20



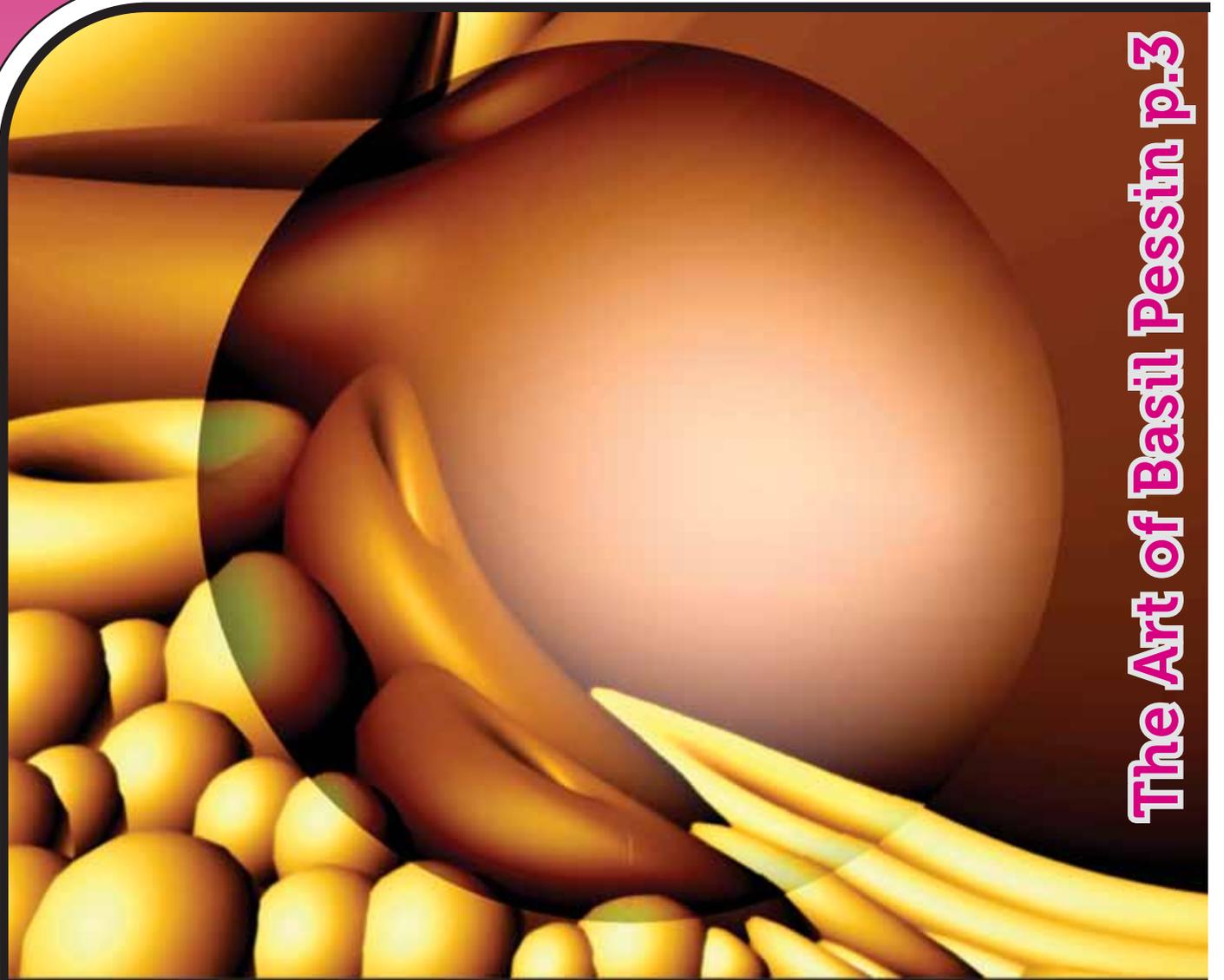
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Featuring: Summer Festivals



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Historical Perth Walking Tour

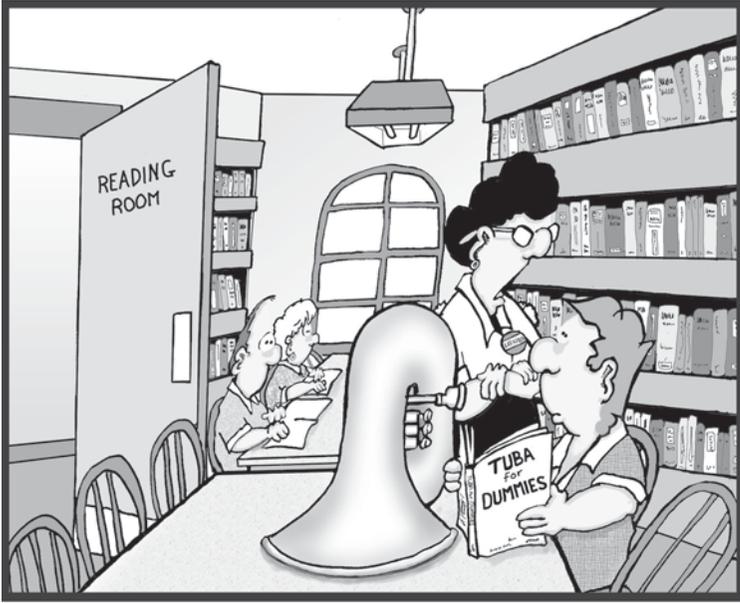


The Art of Basil Pessin p.3



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See More Online!

To make it easier to connect the tactile papery version of the Humm and the virtual screeny version, we are using these "See More Online" icons to indicate some of the special stuff that can only be found at <thehummm.com>. Anything that is indicated with that icon will be featured prominently on our home page (look for "July Online Exclusives" this month).

This month, our **food blogger Rebecca Eide** takes her inspiration from Elm Tree Farm (profiled by Susie Osler on page 33). Visit <thehummm.com> to find Rebecca's suggested recipe for Kale and Pistachio Biscotti! Also in this issue, Perth librarian Elizabeth Goldman has contributed an article for our new "Speaking Volumes" column (see page 11) — and her recommended books on creativity and innovation can be found online. You'll also find many more of digital artist **Basil Pessin's** vibrant works in our online gallery.

And last but definitely not least, this issue features a great spread on **family-focused festivals** on pages 12 and 13. You'll find that online as well, along with convenient links to festivals and fairs throughout the Valley. See you online!

Humble Thought

**IF YOU TAKE OFFENCE WHEN NONE WAS INTENDED... DID YOU STEAL IT?**



Who's Reading the Humm

(above) Back in 2012 **Rick Scholes** wrote: this shot was taken in April when I travelled to Nepal to do some serious trekking and fulfill a long-time goal of seeing Mt. Everest up close and personal.

(below) **Miles and Duncan Hanks** sent this shot in back in 2012, and wrote: On the second day of the UN Summit on Sustainable Development in Rio de Janeiro, Miles Hanks and his dad, Duncan, delegates with the Baha'i International Community, attended the High Level Summit with 130 heads of state from around the world, as they signed a political declaration to move the world towards more sustainable development, justice and true prosperity for every member of the human family. And how could the world move in this direction without Almonte and theHumm being present? From our village to the world — "The earth is one country and humankind its citizens".



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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Renfrew, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

By email or on disk.

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Thanks this month to:

All of the amazing, caring people who stopped what they were doing to help us retrieve Maggie the office dog when she bolted on Bridge Street. Special thanks to Pete Racey for finding her, and Joy Stratford for her taxi service!

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# Basil Pessin — Yes. Digital Art is Art

His name isn't the only unconventional thing about him. Basil Pessin has avoided conventionality and conformity and predictability his whole life. He is not about to accept conventional "wisdom" that if a computer is involved, it isn't art.

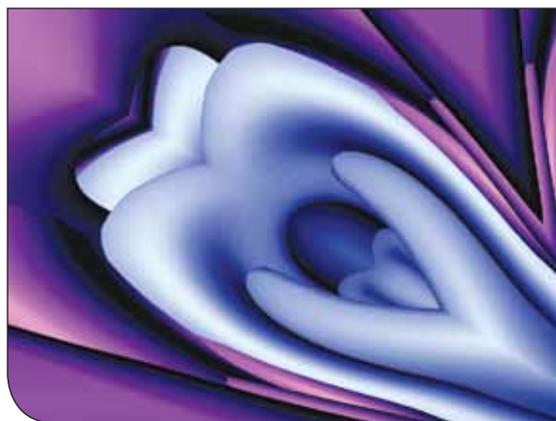
by Sally Hansen

"How is using software different than using other artists' tools like paints and brushes? Or chisels? Or potters' wheels?" he snorts, when recounting the endless queries posed by visitors to his roadside gallery. He has a small log cabin strategically positioned on his property just a short distance from the entrance to the Bonnechere Caves in Douglas, south of Renfrew. His vibrant digital art is in stark contrast to the cool dark shadows of the fossil-filled, millennia-old caves.

## Digesthetics

Pessin's gallery glows with vivid colour. Intricate abstract patterns practically vibrate off the walls. Organic, sensuous, funny — the gamut is wide. Colour is his passion, but his inspiration comes from the software itself. "I use different kinds of software, in ways they were never intended to be used, moving from one to another until I achieve the effect I want. My intent is to create a work of abstract art that is a single coherent, visual experience. I use shape, form, colour and imagination to create totally unique abstract images. When you look at them, I hope the effect is one of delight." Pessin's goal is for the viewer to be entranced rather than contemplative, to be fascinated rather than curious.

He succeeds. His large giclée prints are both entrancing and fascinating. Most of them are quintessentially digital, illustrating the capacity of the computer and its graphics software to stimulate artistic creativity in its user. But Pessin's more "paint-



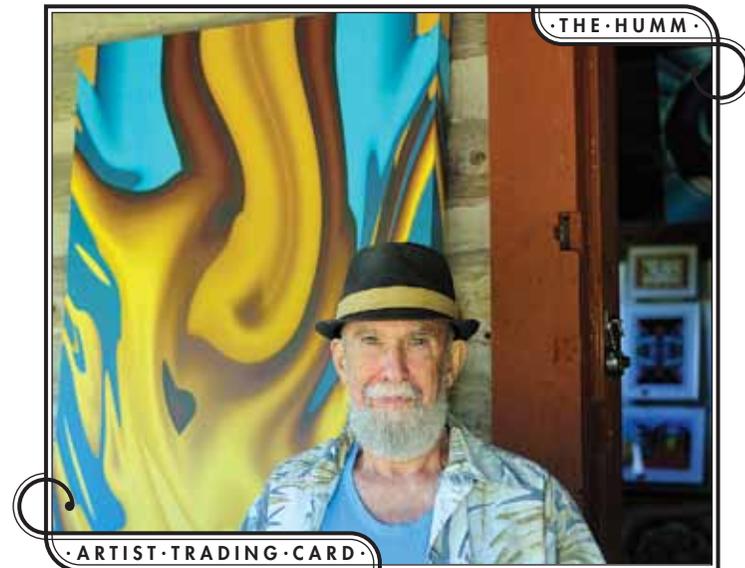
erly" abstracts arouse my curiosity, as I find myself wondering how I would respond to them if they were painted in oils or acrylics instead of printed on archival paper or canvas.

This brings to mind Marshall McLuhan's famous synthesis that "the medium is the message." The rise of the internet and social media make McLuhan look ever more clairvoyant, particularly with regard to his admonition that whatever predominates media will influence human beings by affecting the way we perceive the world. I know my response would be different if Pessin's works had been rendered in paint by hand. I don't know which I would prefer. I'm also curious if different generations respond differently to his art.

So Pessin has achieved another of his primary goals. He states that "One of the functions of art is to intrigue, and certainly digital art can do that. My

drawings never try to simulate other media." On his website at <digitalartbybasil.com> he presents his "Digesthetic Gallery" of works. Both my grandson and I find them fascinating.

Pessin creates his images using very basic geometric shapes and applying them according to his own creative process, refined over the past sixteen years. It involves up to five different software packages and multiple iterations of filters, layering, Gaussian smoothing and other image manipulations. The first piece he ever sold was to a friend who worked with him years ago at the Mitel manufacturing facility in Renfrew. Eight years ago Dianna Wakely, a neighbour and fellow artist, insisted that he participate in his first art show. He attributes his decision to open a small gallery to the support and encouragement he received from enthusiastic customers and fellow members of the Renfrew Art Guild.



## Not Your Average Guy

Basil Pessin was born in the Bronx, grew up in Brooklyn and drove a taxi in Manhattan for six years. His wealthy uncle collected works of emerging artists, but only those producing unconventional art. Basil remembers creating abstracts as a child.

His uncle also found Basil a job as a computer operator. When the company tested employees for aptitude to be trained as programmers, he got the job. (It was fun talking to someone who remembers Autocode hexadecimal and Assembler!) After he married Helen, a gorgeous cougar from Harlem, in 1968, he wanted to show her the "wilds of Canada".

## Going With the Flow

They honeymooned in the Maritimes, and six months later decided to take a year off to explore the 100 acres of bush near Eganville that Helen had bought for \$1,700. She had been bidding on tax land for sale in Canada, and this was the first one that was available. So they pulled up their highly urban roots and began carving a home out of the wilds of the Bonnechere Valley in Renfrew County.

They bought an old log barn and rebuilt it as a small house. Basil got a job with Eganville Creamery and worked 13 years picking up raw milk from dairies. He took an electronics course at Renfrew Collegiate Institute and got a job as an electronics tester at the Mitel fabrication facility in Renfrew. When he asked if they would hire Helen if she took the same course, they gave her the job without requiring the course. After fourteen years with Mitel, the couple retired and moved to their home near the Bonnechere Caves. Sixteen years ago Helen's cousin persuaded Basil to buy his MAC LC2 computer. The rest is digesthetics history.

Sitting on the porch of the Log Cabin Digital Art Gallery, with dragonflies swarming around us, and the public outhouse a few metres away, it was hard to imagine Basil Pessin driving a taxi in Manhattan. "Taxi drivers like to talk," he explained. The couple never felt an urge to return to NYC. Basil's favourite hour of the day is when he drives the short distance into Douglas to supervise the kindergarten students during lunch hour at St. Michael's Catholic School.

July 12 and 13 is a perfect time for a drive to Renfrew where Pessin's art will be on exhibit during the third annual Art in the Park show at Haramis Park. Any time during the summer or fall is a great time to stop in at Basil Pessin's Log Cabin Digital Art Gallery on your way to Bonnechere Caves — I certainly enjoyed my visit. Check the back of his Trading Card and visit our amazing website at <thehummm.com> for details and great links.

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WHO Basil Pessin

WHAT Digital Artist

WHERE Log Cabin Gallery, 1216 Fourth Chute Rd., Douglas, <bessin@xplornet.com>, 628-3889, <digitalartbybasil.com>; Donohue Art & Frame, 177 Raglan St. S., Renfrew, <donohueartandframe.com>

WHEN July 12 & 13, Renfrew Art in the Park, Haramis Park, <renfrewartguild.com>; July 19, Art Park, Centennial Park, Eganville; August 16, Art on the Farm, Arboretum, Central Experimental Farm, Ottawa

WHY "The possibilities are endless. And it's clean."

ARTIST TRADING CARD

# Sherman Downey and The Ambiguous Case



Fresh from their success as winners of the 2013 CBC Searchlight Competition, Newfoundland's Sherman Downey and The Ambiguous Case are heading west and will be playing a gig at Lake Park Lodge in Carleton Place

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Newfoundland's Sherman Downey and The Ambiguous Case are packing up the van and heading off to entertain fans as far west as Ontario this summer.

This high-energy band will be performing at nearly a dozen festivals, including the Stan Rogers Folk Festival (NS), Random Sound Music Festival (NL), the Larlee Creek Hullabaloo (NB), the PEI Jazz & Blues Festival (PE), and the Shelter Valley Folk Festival (ON). Between festival appearances, Sherman and the boys will be playing at local watering holes across Atlantic Canada and Ontario, and Humm readers will have the opportunity to catch them at Lake Park Lodge in Carleton Place on July 12!

In 2013, Canadians voted the band's single *Thick As Thieves* as the winner of CBC's Searchlight Competition, beating out over 3000 acts across the country. Since the release of *The Sun In Your Eyes* in 2014, their follow up singles *The Right Idea* and *Annalee* have been in regular rotation on CBC Radio 2. The new album has everything folks have come to expect from Sherman and the boys — banjos, accordions, catchy melodies, smart lyrics, energy, and a hint of lament. Their highly energetic and entertaining live show has floored audiences all across Canada and as far away as the Woodford Folk Festival in Australia.

There are two great options for the upcoming Lake Park Lodge gig — you can complement the show with a Newfoundland-themed Kitchen Party Dinner for only \$45 (includes dinner and show), or catch the concert only for \$20. To purchase tickets online, go to <LakeparkLodge.eventbee.com/event?eid=110923582>.

For more about the band and a complete list of their Canadian concert dates, please visit <shermadowney.ca>.

### Lake Park Lodge

Billed as "notoriously fun since 1887", Lake Park Lodge and Waterfront Grill is located at 100 Cedar Avenue in Carleton Place, just off Lake Park Road. Starting out as the Queen's Royal Hotel back in 1887, it was a wilderness five-star white linen, full-service resort, catering to the rich and famous of the era. These days, the Lodge is making a name for itself as a live music venue. Other upcoming events include a bonfire and pig roast with **Ambush** on July 4, the **Daisy Train Band** (re-living the 80s) on July 5, and **Pickin' on the Patio** every Sunday from 2-6PM.

The best place to go for details about these and other events is Facebook/LakeParkLodge, or you can give them a call at 591-9990.

## OUTSTANDING ART IN ALMONTE



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# Stewart Park Festival Makes Magical Musical Memories!

The Stewart Park Festival is heading into its 24<sup>th</sup> year with another great weekend of music under the majestic maple trees of Stewart Park, in beautiful Perth. A favourite daytrip for many local families, and a celebrated weekend road-trip for many visitors, the Stewart Park Festival has become a firm fixture in many people's summer landscape. This year's festival takes place from July 18–20, and remember — donations are welcome, but admission is free!

## Come for the Music, Return for the Experience

Whether you're a first-time visitor or a returning friend, it's a great year to enjoy the magic of the Stewart Park Festival. Many long-time fans have set aside the weekend, knowing they will enjoy the experience thoroughly, regardless of who's on stage. Whether they come to bask in the sun or drowse in the shade, to dance by the stage or dip in the river, to cruise the artisan market or visit the food-truck court for one more serving of yum, they come ready to hang out and enjoy themselves.

If you want to hear some of the best music Canada has to offer, the Stewart Park Festival is the place to be. This year's lineup is eclectic. Half of the acts cross genres; the other half combine them. Organizers are bringing you talented musicians who play across a broad range of styles, from the purest bluegrass to gypsy jazz to the brightest baubles of pop. Featured acts include the bright world pop of Danny Michel, the brilliant blues of JW Jones, the musical mastery of The Bills and Sultans of String, and the perfect song craft of Amelia Curran. But for every big-name act on the bill, there's always a delightful surprise. This year you'll find up-and-coming world-pop star Alysha Brilla, Toronto's latest alt-country darlings The Lovelocks, and The Bombadils — a string band from Montreal who are sure to win your hearts. The festival also features seasoned performers such as: John Gorka, a veteran of the American folk scene; Miguel de Armas, a Cuban jazz master; and Christine Tassan et les Imposteurs, a quartet of women musicians working in the gypsy jazz style. Working in the same vein are Newfoundland's Duane Andrews and Craig Young (look for magic



Rolling Stone magazine calls John Gorka "the preeminent male singer-songwriter of what has been dubbed the New Folk Movement."

on the River Stage in the afternoon), while New Zealand's Pacific Curls bring a tribal fusion sensibility to the mix.

## Family-Friendly Fare

Thanks to support from the Ontario Arts Council and the Government of Ontario, the festival is able to present two special, free, children's shows this year.

Set aside from the main stage at the Studio Theatre, these shows offer an opportunity to get out of the sun at its peak and a chance for little ones to experience a theatre setting, different from the excitement of seeing a live performance especially for kids! Saturday, July 19 features Fiddlefire! by Chris McKhool of Sultans of String, while Sunday features Rag & Bone Puppet Theatre in *The Wind in the Willows*. There will be other fabulous kids' activities in the park as well.

## Special Show with Matt Andersen

Again, thanks to support from the Ontario Arts Council and the Government of Ontario, the Stewart Park Festival is able to present a special night with the incredible Matt Andersen on Thursday, July 17. Andersen is known for his gravelly voice and fluid guitar playing, and these days he usually plays much larger venues. This ticketed event will be held in conjunction with the festival. The setting is incredible; St. Paul's United Church in Perth is an acoustic gem. With its half-round seating and balcony, there's not a bad seat in the house. Tickets are available online at <ticketsplease.ca>.

## After Hours Too

The Stewart Park Festival is a free festival. One of the ways organizers keep it that way is through the sale of After Hours Buttons — at \$20, a real bargain. What's an After Hours button? It's a pass to see the Main Stage bands from the day, all in a single venue — either a local bar or restaurant, or the Perth Brewery Patio at the Crystal Palace. It's a great chance for music fans to get up close to their favourite performers.

Find out all about it at <stewartparkfestival.com>. See you there!

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# Mine, Music and Food at Mica Days!

Heritage Mica Days has filled July with family-friendly events at Murphys Point Provincial Park — just for you! First, come on out Saturday, July 12, from 11AM to 2PM for our fabulous **BBQ on the Beach**, with local food and live entertainment from the **Long Sault Trio**.

On Sunday, July 20, from 10AM to noon, you can visit a variety of heritage displays, trades and crafts along the Silver Queen Mine trail and enjoy music in the bunkhouse provided by **Ken Ramsden**. Ken is a Canadian heritage fiddler, singer and guitar player who entertains families with humorous songs and stories. Of course, you can also take a tour underground into the Silver Queen Mine and take part in the Junior Mica Miner program.

Don't miss the **old fashion corn roast** on July 26, starting at 6PM at the campfire pit. Bring your appetites and enjoy local Lanark County corn smothered in butter... Mmmm! Freshly boiled cobs of corn are available for \$1 each and the Friends of Murphys Point will also be selling soft drinks and cookies.

Heritage Mica Days takes place at Murphys Point Provincial Park, located about 20 minutes southwest of Perth and easily accessed by County Road 21 (Elm Grove Road). Directions and information about all Heritage Mica Days events are available at <heritagemicadays.ca> or call Katie at 267-5353 x133 for additional information. Heritage Mica Days is a program of the Friends of Murphys Point Park, a registered non-profit charity that formed in 1995. It works in co-operation with Ontario Parks and is one of dozens of Friends organizations throughout the province.



Weaver at work on Heritage Display Day at Heritage Mica Days in 2013

## Update from Arts Carleton Place

Although Arts Carleton Place is no longer located at the Train Station at 132 Coleman Street, they are still very active in the community. *theHumm* contacted long-time member and spokesperson Inara Jackson for an update, and here's what she had to say:

Greetings! Arts Carleton Place is alive and well. The past year was busy with the organization going through a transition, but a fundraiser emerged: the Blooming Arts & Garden Tour in July 2013. This was in partnership with Communities in Bloom where private gardens were open to the public, with original art on display and musical performances taking place. The next one will be in early summer of 2015.

We are pleased that two annual \$500 bursaries have been awarded to graduating students pursuing the arts at each high school in Carleton Place. An Honorarium has also been awarded to the Carleton Place & District Community Band in recognition of twenty years of performing for our community. Further support has been extended to the Mississippi Mudds for the upcoming theatre season. Many of our visual artists and performers also

participate in annual local festivals and special events.

The Art in Public Spaces program has expanded to several businesses that give our artists an opportunity to display and sell their works. Flippin' Art Night at Ballygiblin's Restaurant has been a successful venue where art gets "flipped" every two months. Drop in on Thursday, July 17 from 5-7PM, where artists MJ Lancaster and Lorrie Beaton will be installing their works. Enjoy munchies and appetizers provided by Bally's.

Since our membership covers all cultural genres of art, music, theatre, and the spoken and written word, we know that there are a lot of artistic happenings in the Carleton Place area. If you would like to be an artistic Member or supporting Friend of Arts Carleton Place, the annual fee is only \$20. You receive a monthly newsletter and our members are posted on the website artist database. We strive to keep everyone informed on the arts scene and to support our membership in their endeavours. If you would like to get involved, please contact us at <artscp@bell.net> or visit <artscarletonplace.com>.

— Inara Jackson



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# Perth Band Concert Commemorates WWI

As part of their regular Summer Pops Concert Series in Stewart Park, the **Perth Citizens' Band** will be performing a special tribute concert on Thursday, August 7, at 7:30PM, to commemorate the start of World War I.

On August 4, 1914, Great Britain and Canada declared war on Germany. The Canadian Government authorized the raising of local military units on August 6, and the men of Lanark County who belonged to the 42<sup>nd</sup> Lanark and Renfrew Militia were among the first to enlist. Within a week, the first men from Almonte, Carleton Place and Smiths Falls had been chosen and were soon off for training at the headquarters in Perth. They arrived by train and were met by the Perth Citizens' Band, who marched them to the Perth fairgrounds for more training. On August 28, the first local contingents left for Camp Valcartier, and again were played off by the band. In 1915, the 130<sup>th</sup> Battalion was formed in Perth under Lt. Col. J.E. DeHertel, and established its own Battalion Band, formed mostly from the men of the town bands in Lanark County. The Battalion Band and the Perth Citizens' Band both played important roles in recruiting men for the war and raising funds for overseas. Later on, the Perth Citizens' Band continued to keep up morale on the home front with its concerts, and welcomed home wounded and returning veterans at the end of the Great War.

Bandmaster Brian Tackaberry has organized a concert program that will feature many well-known tunes from World War I, most of which were performed by the band from 1914 to 1918. The *130<sup>th</sup> March Past*, composed by Lt. Col. DeHertel in 1915 for his battalion, has been arranged for modern band by band member Joe Martin, and

will be premiered at the concert — the first time it has been played since WWI! There will also be some historic displays set up, beside the bandstand, with instruments, music, uniforms and other artifacts from WWI. As with all of their concerts, admission is free and audience members are encouraged to bring along a lawn chair. For more information, contact them at <perthband.ca> or phone 256-4221.



Lt. Col. J.E. DeHertel, commander of the 130<sup>th</sup> Lanark Renfrew Battalion during WWI, and Mayor of Perth from 1925-26

## Five Wednesdays in July Concerts and Dinners in Augusta Street Park

The **Friends of Augusta Street Park** are enthusiastically preparing for the second annual Five Wednesdays in July concert series. Bigger and better than ever, the committee is excited to invite community members, neighbours and supporters to the park once again this summer. Launching Wednesday, July 2, the series will once again feature local folks with great musical talent as well as delicious food.

The food worked so well last year that they're doing it again: evenings will feature either a BBQ run by the Almonte Civitan Club (1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Wednesdays) or a community potluck (2<sup>nd</sup> and 4<sup>th</sup> Wednesdays). The July 9 potluck will be hosted by CARP Lanark, and on July 23 the Friends of Augusta Street Park will host.

Music kicks off in the park at 6PM with an **open mic**, with the headlining act following shortly after. Community members interested in performing in the open mic portion are encouraged to contact <Janice@janiceaiken.ca>.

Headliners for this year are: **Cody Labombard** (July 2, with BBQ), **Terry Tufts** (July 9, bring a dish for the potluck), **Strawberry Jam Dixieland Band** (July 16, BBQ), **Jennifer Noxon & Brendan Gawn** (July 23, potluck), and **Judge a Book** (July 30, BBQ).

Spend a beautiful summer evening in the park with friends, family and neighbours, each Wednesday in July. As an eco-friendly event, we encourage community members to bring their own plates, utensils, and cups to enjoy these incredible evenings. A couple of chairs and a blanket for comfortable seating are also strongly encouraged.

These events would not be possible without the generous commitments and donations of many local community members, businesses, and organizations. Friends of Augusta Street Park would like to send their gratitude to these many people, including volunteers, Willy's Wagon, Mike Dean's, Patrice's Your Independent Grocer, Dan-

delion Foods, Don's Meat Markets, and Subway.

Since 2011, the Augusta Street Park Committee has been working hard to improve the condition of the small park; historically a well-loved green space in Almonte.

Started because new neighbour Sarah Spinks wanted to play basketball in the park but couldn't because of broken glass, today the park is a work-in-progress: a beautiful green-space designed to be loved and accessed by all members of the community. Fresh paint on the well-loved rocket play structure, 2000 square feet of community gardens, tidied basketball court, a BMX park, and lots of community visits have all been a breath of fresh air for the park.

For more information about the Park and the Committee's work, community members are encouraged to check the Friends of Augusta Street Facebook page <facebook.com/FriendsOfAugustaStreetPark>.

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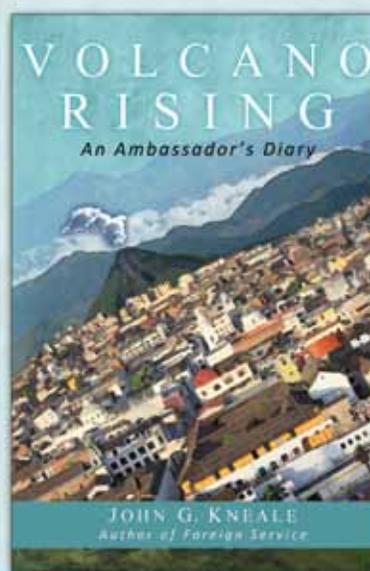
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During the three years that the author was Canadian ambassador in Quito, Ecuador, the country experienced — often simultaneously — volcanic eruptions, economic collapse, indigenous uprisings and a coup d'état by the military. Adding to the crisis was a kidnapping of Canadians in the Amazon region. This diary details day by day the threats and challenges faced by the ambassador, his family and the embassy staff.

In spite of the chaos, Canada emerged during this period as a major player in Ecuador's political and economic life. This story will intrigue readers with its account of a developing nation's struggles, and descriptions of the Andes, the Amazon and the magnificent Galapagos Islands.

*Volcano Rising: An Ambassador's Diary* is available at **Mill Street Books** in Almonte, 52 Mill Street, 613-256-9090.

# Eclectic Cast Headlines Summer Comedy

## CTF Presents Neil Simon's *Come Blow Your Horn*

The **Classic Theatre Festival's** fifth anniversary season of producing Broadway classics in Perth gets underway July 11 with Neil Simon's debut comedy — a memorable take on family, commitment, and the future of the waxed fruit business. *Come Blow Your Horn* is a comedic tale of two young men dealing with growing up in the early 1960s, a time when the notions of perpetual youth and the alleged joys of the swinging bachelor lifestyle came up against the reality of jobs, marriage, and responsibility.

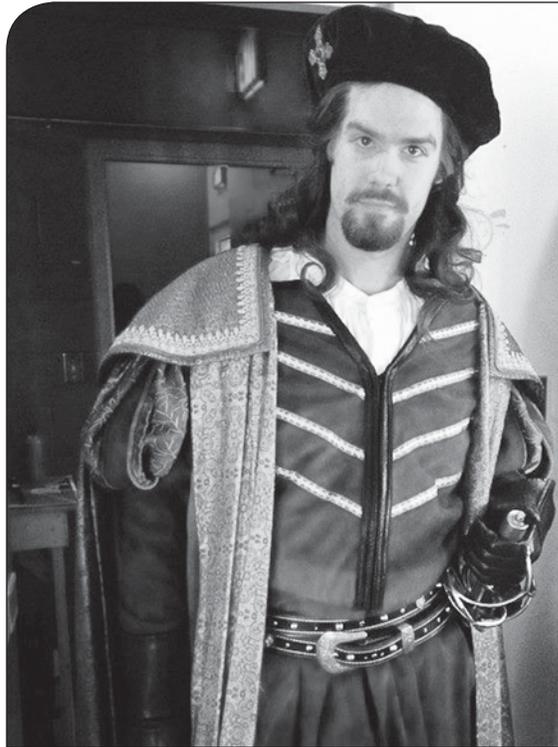
The cast for the show opener is a remarkably eclectic group of multi-talented individuals who have been seen on Canadian TV and film, heard on radio, and also read in print. The role of Alan Baker, who as the show opens is juggling more girlfriends than he has fingers, is played by Lindsay Robinson, a graduate of the legendary New York American Academy of Dramatic Arts (long considered the finest acting school in North America). In addition to a busy schedule on stages across the country and in TV and film, Robinson is also studying to become a physician. In pursuing a dual career, performing comedy and surgery, he will be able to answer the common question that often arises in a theatre emergency: Is there a doctor in the house?

Complicating matters is the arrival of Buddy, Alan's younger brother, who idolizes his swinging brother and wants to emulate him. Buddy will be performed by Matthew Gorman, who also directs and produces with his own company, Cart/Horse, as well as doing cartoon voiceovers.

Once the brothers decide to move in together, chaos ensues as Alan's various paramours come on the scene. One of them is Connie, a failed actress whose most prominent role was playing a sausage in a commercial while singing "Why not take all of me?" Connie is interpreted by Adrienne Kress, a talented graduate of the London Academy of Music and Dramatic Arts who is also the author of five young adult novels, with her latest, *Outcast*, published in June.

Competing for Alan's attention is stewardess Peggy, a role with which Heather Marie Annis expects to have a great deal of fun. Annis is an actor, writer, and therapeutic clown, and is well known as half of the Morro and Jasp entertainment duo that the Toronto Star named "two of the most original clowns on the Canadian scene." She is co-author of the recently published *Eat Your Heart Out with Morro and Jasp*.

Rounding out the cast of characters are two of the most outrageous parents ever created for the stage. Mr. Baker, who runs a waxed fruit business that he hopes to pass on to his wayward sons, is a role



Lindsay Robinson (here as Paris in *Romeo and Juliet*) and Adrienne Kress (shown backstage at a production of *Duel of Ages*) play romantic leads in the Neil Simon comedy *Come Blow Your Horn* at the Classic Theatre Festival, July 11-August 3 in Perth

relished by Allan Price, who has worked on just about every stage across Canada, including his appearance in the CTF's *Bell, Book & Candle* in 2011. The verbal sparring he creates is matched only by the feisty, spirited and opinionated Mrs. Baker, played by CTF newcomer and long-time community theatre performer Joanna MacAuley Treffers in her first professional gig.

Director Laurel Smith predicts the chemistry already exhibited in rehearsal will be electric on stage. "This group of actors works so well together, and half the time we have to stop because we are laughing ourselves silly. This is such a fun play to perform, and audiences will truly enjoy it."

The swinging soundtrack of 1961 will feature prominently be-

fore and during the show, which will run July 11 to August 3, eight times a week: Wednesday to Saturday at 8PM, with 2PM matinées each Wednesday, Thursday, Saturday and Sunday. Pre-show talks precede each matinée at 1:30PM.

The Classic Theatre Festival's second show of the season is the all-time classic mystery thriller *Dial M for Murder*, running August 8 to 31.

The CTF moves to a new venue this summer at 54 Beckwith Street East — the Good Shepherd Hall at St. James Anglican Church — which is being transformed into a professional theatre space with a brand new stage and top-of-the-line sound and lighting equipment. A theatre history exhibit will grace the lobby walls as well.

Season passes (buy one ticket at regular price, receive the second one at 25% off) are available, and CTF ticketholders also receive discounts for the **Perth Through the Ages** theatrical historic walking tour that runs five mornings a week, Wednesday to Sunday at 11AM, starting at Matheson House Museum.

The 2014 season is supported by sponsors and partners, including the Ontario Trillium Foundation, Ontario Cultural Attractions Fund, Ontario Ministry of Tourism, Culture and Sport's Celebrate Ontario program, the Ontario's Highlands Tourism Organization, and the Best Western Plus Perth Parkside Inn and Spa.

For tickets and further information, visit <classictheatre.ca> or call 1-877-283-1283.

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# Park Yourself and Lollygag!

Here is what I am hoping. I am hoping that you read my June article about lollygagging around the Valley, and then you did some lollygagging of your own. No, not choking on a lollipop — oh, you young 'uns. Taking it easy and slow, spending time in the Valley, simply relaxing outdoors, dropping in at farmers' markets and shops, partaking of an ice cream or iced coffee or whatever your pleasure. It's all about the pleasure. Because summer, like life, can be short... so you had better make the most of it!



This month Rona advocates lollygagging in parks (like Robert Simpson Park in Arnprior, above), with stops along the way for food...

by Rona Fraser

It is a shame that I did not take my *own* advice this month... but you know how it is: taking one's own advice is the toughest. Luckily, this ain't my first rodeo, so here is a selection of places I have enjoyed in the past and some ways you too can enjoy them this month.

Last summer, after living in this neck of the woods for eleven years, I finally decided to explore Arnprior. I didn't really know where I was going or what there was to... I just wanted to get away, so I ended up at **Robert Simpson Park**. What a beautiful spot! There is a path by the water, with the occasional bench, plus a nice beach.

On July 16, you can enjoy some Torchlight Shakespeare when A Company of Fools brings their performance of *As You Like It* to Robert Simpson Park. Bring a lawn chair or blanket, bug spray and a sense of humour. Pass-the-hat donations are collected at the end of the performance and can be submitted in the form of cash or cheque. And from now until the end of August, catch a Sunday Concert in the Park from 1-3PM. Call 623-7301 for further information, and let them know you saw it in theHumm!

Speaking of parks, perhaps one of the most famous parks in the Valley, and a great spot to spend an afternoon, is **Stewart Park** — five acres of green heaven and a wandering Tay River, behind Perth's Town Hall. Yes, of course, likely the best weekend of the year to explore it is July 18-20, when music lovers make their annual pilgrimage to the Stewart Park Festival (see page 5 for deets). If you have not yet experienced that festival, then you are simply missing out. Even my *parents* enjoyed it, and they don't like *anything!* (And hopefully won't read this article...) But the park is about more than just one weekend.

Take a leisurely walk through this oasis, take a deep breath and simply enjoy your surroundings. Go on the right Thursday night and you may have your own soundtrack, as the Perth Citizens' Band plays behind the Town Hall (July 10 and 24). The rock gardens (on the west side of the park) come highly recommended as a picnic area... and there is a great bridge on which to play Poohsticks (a sport of Winnie-the-Pooh, where players drop sticks on the upstream side of a bridge, and the first stick to appear on the other side decides the winner).

More of a Tigger than a Pooh? I hear **Perth Outfitters** provides hours of fun on the Tay, with canoes, kayaks and stand up paddleboards for rent, by the hour, day or week! Not into the whole "get there under your own steam" thing? I guess that's

why god invented motor boats, and why Perth Outfitters rents 9-foot to 13-foot Boston Whalers, with 4hp motors for the "let's do some fishing" folks, and 40hp motors for the "let's kick this popsicle stand!" folks.

Our last (and certainly not least) stop on the tour is the one you should really start with, as well as the only one I actually visited this month: a restaurant in downtown Carleton Place. Is there anything so universally tied in to pleasure than food? I'm pretty sure that even the most puritanical sect enjoys food... whether they are permitted to make moaning noises while they savour, I don't know, but still. So what better way to start a day of lollygagging than with a delicious breakfast? Your enjoyment of the rest of your day, nay your actual *survival* depends on providing your body with *bacon* good food! Am I right?! And that's why I'm writing this part of my article, on my iPhone, at **The Good Food Company** in Carleton Place <goodfoodco.restaurantengine.com>.

Open every day but Monday, 8AM to 4PM, they offer a wide and delectable array of breakfasts and lunches, and their selection of gluten-free options will make a celiac cry (with joy, for a change!) I usually stick to, well, "The Usual" (bacon and eggs with two sides), but I'm taking a walk on the wild side today — just for you — with Huevos Rancheros! I also love that, with most breakfast options here, you can have your choice of two sides. Choice = goooood. [Pause for degustation...] Oh my god... [Pause to contemplate what a beautiful world we live in, full of love and hope and fabulous flavour!] So good. A corn tortilla layered with refried beans, fried eggs, salsa, three cheeses, with optional bacon (optional?) and two sides (I chose fresh tasty fruit salad and yummy baked beans). Please note that, although they have delicious breakfasts six days a week, some of their special items, such as my huevos and their much celebrated (by my friends, anyways) Eggs Benedict, are only available for brunch (Friday to Sunday).

With a satisfying and sumptuous breakfast in your belly, you are fueled up to walk the downtown, or perhaps by the river... or, you know, grab your trusty towel, find the nearest shady grassy spot by the water, lay down and read (and by that I mean nap with your book over your eyes).

Have a great month, everybody! And please, if you have some ideas for places to lollygag in the Valley, let me know at <rona@thehummm.com>.



Stevie Rave On

# What a Drag it is Getting Old

Following is one of the many conversations I have between myself and my other self. (You know, the smart-ass self. We all have one.) We're both getting older... and it's a drag.

Glasses.

**Glasses. Right! Thanks.**

Our pleasure.

**Our?**

Yeah, you know, me and the other voices...

**What am I? Chopped liver?**

I prefer to think of you as pâté.

**You scare me.**

Try walking a mile in my head, son.

**Ummm... I do.**

Right. So? Not on the bookshelf?

**Nope.**

Did you look in the closet? Under the bed? Next to the coffee maker?

**Yes, yes and yes. I have been up and down the stairs a dozen times.**

Well then, you're screwed.

**Thanks for the help.**

You're welcome... Wait.

**What?**

Stop.

**I can't stop — I'm in a hurry. Just try to be helpful for once.**

No, stop and look to your right.

**What? I see a wall — that's helpful.**

Your other right.

**Oh, yeah sorry... mirror. Great, I'm having a bad hair day. Thanks for pointing that out.**

No, look down.

**Oh. Umm... thanks.**

Note to self (yeah, you): do not hook glasses on your T-shirt anymore.

**So noted.**

Yeah, you said that about the top of your head as well...

**Whatever.**

Oh, and self...

**Yes?**

Is there a reason you put the milk in the cupboard and the sugar in the fridge?

by Steve Scanlon

**Self: Where the hell did I put my glasses this time?**

Other Self: Have you checked the top of your head?

**Yes, of course I've checked the top of my head. It was the first place I checked.**

Well it wouldn't be the first time... Just sayin'.

**Stop "saying", and use the Queen's English.**

Fine, [under breath] cranky pants.

**I heard that.**

Well, duh — we share the head.

**You could be more helpful.**

Right, have you checked the usual places?

**Yes.**

Beside the sink?

**Yes.**

On the shelf by the kitchen window?

**Yes.**

Beside the bed?

**Yes.**

Beside the....

**Wait! Upstairs beside the bookcase. Let me look.**

I'll come with you.

**You have a really bad habit of stating the obvious.**

I prefer to think of it as quaint...

Well, what are you waiting for?

**I can't remember why we came upstairs. Let's see, I was downstairs and we were talking and then I had to come upstairs to... and I said to myself, "Self," I said...**

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# Humm Bits

## Fiddlers and Friends Return to Ompah

Two years ago, Fiddlers and Friends filled the Ompah Community Centre and an appreciative audience left wanting more. Since then, the band has been talking about the great audience and the fun they all had, and are delighted to have the chance to return to play in Ompah.

Fiddlers and Friends love to entertain by sharing their joy of music and zany sense of fun. They play a cheerful set of old-time fiddle tunes that have the audience clapping, toe-tapping and singing along. Seven fiddlers are joined by keyboard, double bass, cello, guitar, banjo, and penny whistle players. The irrepressible Lois Webster makes many of her own percussion instruments, dances along, and one never knows what she will do next.

Thursday, July 10, marks the return of Fiddlers and Friends to the Ompah Community Centre — see you there at 7PM! Admission is by donation at the door and the proceeds go to the Ompah Community Centre. Following the concert, musicians and audience can mingle over refreshments. For further information, please contact Marily Seitz at 479-2855.

## Learn of Pioneer Life in Middleville

The early 1900s come to life for this one-day show in the small historic village of Middleville, on Saturday, July 5: **Highland Heritage Day**.

Lanark Highlands has a rich heritage dating back almost two centuries. Pioneer families, using locally-available materials, their own hard labour, and the skills they brought with them — mostly from Scotland — developed and worked their farms, built their homes, and kept their families fed and clothed.

On Saturday, July 5, from 9AM to 4PM, come out and celebrate their accomplishments! There will be displays showing how daily life was managed in the early 1800s (including a complete original log cabin and handmade farm and household tools), farm implements from the early 1900s (old tractors, trucks, hit-and-miss engines and more), and working demonstrations.

Dress up in period costume and be entered to win a prize!

This community fundraising event will be held at two sites: the Middleville Fairgrounds and the Middleville and District Museum. A tractor-pulled wagon will ferry you between the two sites and the free parking. Admission is \$5, with children 12 and under getting in for free. For more information, see <middlevillefair.ca> or <middlevillemuseum.blogspot.ca>, or call 858-7012.

## Make Your Own Memories of an Innocent Summer

The Carleton Place and Beckwith Heritage Museum invites you to “Picnic Like It’s 1914” at their **Old-Fashioned Community Picnic** on Saturday, July 12, 12-4PM. Bring a blanket and picnic lunch and enjoy the beautiful Victoria School Gardens. Play old-time games and contests, enjoy the musical entertainment, labyrinth tours and historical displays. Guests are encouraged to wear their best duds from 1914! Tickets (\$5 per family) include free admission to the Museum’s exhibition — Memories of an Innocent Summer — which explores life in Carleton Place in the summer of 1914, in a town as yet untouched by war. With performances by Kirk Armstrong, Lyle Dillabough, Robert and Peterh Catalfamo, and Michael Farrell, it will be an event you won’t want to miss!

The museum, garden and labyrinth are all located at 267 Edmund Street in Carleton Place.

For more information please call 253-7013, visit <cpbheritagemuseum.com> or check them out on Facebook!

## Celebrate the 140<sup>th</sup> Anniversary of the Cedar Hill Schoolhouse

The Friends of Cedar Hill Schoolhouse are delighted to invite you to their annual **Strawberry Social** on Sunday, July 6, from 1-4PM, to be held in the historic one-room schoolhouse at 270 Cedar Hill Road. In operation until the 1960s, the heritage building is 140 years old this year, and still retains its original character and features such as the teacher’s desk and slate blackboards. The delicious menu includes local strawberries, real whipped cream, cake (including gluten-free options) and beverages — all for just \$5 per person. A silent auction of special “strawberry and schoolhouse” themed items will also be available. All proceeds go towards preservation of this wonderful heritage structure. For more information please call 256-2830.

# Historic Theatrical Walking Tour in Perth

Visitors and townsfolk alike may be forgiven for thinking they have walked into a time warp as costumed characters from Perth’s past come to life five mornings a week this summer. “Perth through the Ages”, a historic, theatrical guided walking tour, is a youth training project organized by the Classic Theatre Festival and Matheson House Museum, on Wednesday to Sunday mornings at 11AM.

This project features an original play, *The Preacher and the Leading Lady*, which was researched and developed by the troupe in tandem with director Laurel Smith and local historian Susan Code. It tells the story of the Reverend William Bell, an early Perth Presbyterian minister, and famed actress May Bell-Marks, both of whom mysteriously find themselves in 2014 Perth. As they journey through the town, they witness key events and characters that have formed part of the town’s storied 200 years while often sparring about their respective views on everything from the state of women’s attire to smoke-belching horsecars (or cars, as we know them today).

Bell, played by local actor Kevin Kozo, and Bell-Marks, performed by Ottawa’s Jasmine Bowen (a veteran of that city’s Haunted Walk), are perfect foils whose comments on what they have seen historically and now will allow audiences to appreciate the importance of signature events in Perth history. With an equal mix of drama, history, and humour, the play’s cast also includes some additional up-and-coming talents that Perthites have likely seen on both high school and community stages, including Bobbie Cordick, Meaghan Brackenbury, Adam Reid and Madison Reid.

The tour route will begin at Matheson House Museum (11 Gore Street East) at 11AM sharp, and will proceed down the streets of Perth to the Courier building (where viewers will watch the moment when women’s suffrage



The Perth through the Ages Walking Tour features historic characters played by (above, from left) Madison Reid, Kevin Kozo and Jasmine Bowen, seen here along the Tay Canal, and Meaghan Brackenbury and Bobbie Cordick (arguing the merits of women’s suffrage below) at the Perth Courier offices.

was won in Canada), as well as a stretch along the Tay River where there is a confrontation over the Tay Canal Scandal (a key moment in which funds designated for canal construction were pocketed by wealthy investors). Other scenes near the Crystal Palace will allow historic characters to remark upon the incredible changes they have witnessed, and scenes both at the Legion and along Beckwith Street East will be touching reminders of the human cost of both world wars. Elizabeth Hughes, the Perth woman over whom the last fatal duel in Canada was fought, makes an appearance. The tour finishes at St. James Anglican Church, site of many historic events and the new home of the Classic Theatre Festival.

The Perth through the Ages project is the product of an intensive period of research facilitated by local historic animator Susan Code, and collective creation and writing led by Laurel Smith, the Classic Theatre Festival’s artistic producer. Troupe members also had the privilege of interviewing residents of the Lanark Lodge longterm care home to gain insights into the Perth of days past.

“We have a terrific group of young people working with us on the project, and this is a chance for them to stretch their talents, learn new things, and share great stories with tourists and locals alike, a lot of whom marvel at the historic architecture of Perth but don’t always

know the stories behind the gorgeous facades,” Smith explains. “This is a great opportunity to not only share memorable stories, but to also give everyone a strong sense of place and pride in our community as it approaches its bicentennial.”

Smith points to the strong partnership with Matheson House and Perth Tourism, and credits the Ontario Cultural Attractions Fund, the Ontario Ministry of Tourism, Culture and Sport’s Celebrate Ontario program, the Ontario Trillium Foundation, and Ontario’s Highlands Tourism Organization with significant support as well.

The tour will wind up at St. James Anglican Church, whose Good Shepherd Hall is being transformed into a professional theatre space this summer as the Festival celebrates its 5<sup>th</sup> anniversary with the Neil Simon comedy *Come Blow Your Horn* (July 11–August 3) and the gripping mystery thriller *Dial M for Murder* by Frederick Knott (August 8–31).

Tickets for the “Perth through the Ages” walking tour will be limited, so those wishing to attend are encouraged to book tickets in advance by calling Tickets Please at 485-6434 <ticketsplease.ca>. Tickets are \$12 (\$10 for CTF ticketholders) and free for children aged 12 and under. Day-of tickets will be available at the Perth Tourism Visitor Centre (11 Gore Street East). The tour will be last about one hour and 15 minutes.

Further information on the walking tour and CTF’s new season is available at <classictheatre.ca> or by calling 1-877-283-1283.



# Creativity & Innovation at the Library

Earlier this year, a teenager in Kansas helped a little boy, born without fingers on one hand, design and create a new, functioning prosthetic limb at the library. Yes, at the library. Using plans from a South African designer (accessible on the library's public computers) and the library's 3D printer, this cutting-edge technology came to rural America and changed a child's life.

Innovations in technology and services are changing libraries and their role in the community, while continuing the long tradition of public libraries as equalizers in our society. Despite a perception of libraries as warehouses for books that are irrelevant in the digital age, the modern public library is often a hotbed of innovation and creativity in the community, acting as a portal to information, knowledge, and diverse perspectives, and providing space for people to come together and create.

by Elizabeth Goldman, Librarian

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Books are still libraries' biggest business, whether physical or digital. But the modern public library contains a lot more than books. One of the biggest trends in libraries in recent years has been "maker-spaces" — labs with equipment such as 3D printers, laser-cutting machines, and specialized software. The technology for 3D printing has moved from academic labs to the public sphere, but it is still not affordable for the average citizen. By bringing this technology into the community, the library plays that role of equalizer, giving access to all and letting the community discover its potential. The equipment can be used for fun or personal fulfillment, or it can help someone get a business started or solve a complex problem.

Here at **Perth & District Union Public Library** we don't yet have a 3D printer, although one will be visiting for a demonstration this summer on August 19. However, in 2013, the library received a provincial grant to set up the region's first library digital media lab, with equipment such as high-end Macs and PCs, video cameras, iPads, a green screen, a keyboard and drum pad, and all the software required to turn a creative project into reality. The **Create! Digital Media Lab** is part of the library's teen section, where local youth can both express their creativity and develop skills that will help them find fulfilling careers in this digital age.

As part of that project, the library also hosts workshops that match teens with experts to develop skills in areas such as stop-motion animation, sound editing, and video game design. The lab's three computers were used more than 1,100 times in the first six months of operation in 2013, and the project has helped form new connections and build community.

Not all library innovations are technology-based. Another project launched in Perth in 2013, also the first in Eastern Ontario, was the **Lanark County Grows Seed Lending Library**, where residents can get free seeds at the library in the spring, in exchange for a promise to harvest them and bring some back

each fall. Although they sound very different, this project has the same goals as the Create! Lab: to make good things (technology, healthy food) accessible to all, to build knowledge and skill sets (video editing, growing vegetables), and to strengthen the sense of community among people who participate. Elsewhere in Ontario, libraries are lending everything from bicycles and bike repair tools in Petawawa, to fishing equipment in Thunder Bay.

Libraries have always been community-based organizations, but they have sometimes been too comfortable in focusing on traditional roles instead of taking a broad view of their whole community and its needs. In the last decade or so, libraries have shifted to a model of service that focuses first on what community members want and need, actively seeking out that feedback, and being responsive. It's this philosophy that led a library in rural Colorado to take on the

role of Meals on Wheels when that local service was going to end. Libraries already deliver books to people who cannot get out to their buildings, so why not nurture body and mind at the same time?

Since the earliest days of the modern public library, these free institutions have been recognized as "the people's university" and a place with the potential to change lives. More so than ever, libraries are innovating — in both the tools and services they provide and their philosophy of responding to the community's needs — to provide access and level the playing field. It might be as simple as getting to eat the first tomato you ever grew, or it might be as profound as getting a new hand. Either way, the public library has made a difference.

— Elizabeth Goldman has been the CEO of Perth & District Union Public Library since 2011

### See More Online!

For a list of recommended books on creativity and innovation for children, teens and adults, check out Elizabeth's suggestions at <[thehummm.com](http://thehummm.com)>!

## Lanark County Grows! Sprouting a Seed Lending Library for Almonte

Something new and exciting is growing at the public library. We're excited to announce that **Almonte's Seed Library** is about to sprout!

A seed lending library is a free exchange designed to promote healthy local food and a stronger community. It's also a great way to save money and to try seed stock that is suited to your own climate. And to top it all off — saving and sharing seeds is just plain fun!

More than ten years ago, a New York State librarian had the nifty idea of adding seed packets to his branch's offerings — a project that has blossomed in public libraries. Since gardening is one of Canada's favourite pastimes, it's not surprising that the trend

has taken root in Canada as well. In fact, Lanark County Grows started their first seed library in 2013 at the Perth & District Union Public Library. And now Mississippi Mills gardeners will have a chance to show off their "seedy" heritage as well!

### Help Us Build Our Collection

In Almonte and Pakenham, we are checking with gardeners, farmers and seed sources to find seeds that we can start lending for next spring's gardens. If you have seeds to share, or know someone who does, we would love to hear from you.

Once we have enough seeds to lend, borrowers will check out

a package of seeds for free at the library, plant them and let them grow to maturity. They will then be encouraged to save some of the seeds from their harvest to bring back to the library, where they will be packaged for others to check out!

### Seed-Saving Workshop

On Saturday, July 12, from 10AM to noon at the Almonte Public Library, everyone is invited to learn how to save "easy" seeds from local grower and expert seed-saver Telsing Andrews of Aster Lane Edibles. Please register for this free workshop at the library, by calling 256-1037 or by emailing <[kkiddey@mississippimills.ca](mailto:kkiddey@mississippimills.ca)>.

— Karen Kiddey

[www.thehummm.com](http://www.thehummm.com)



# Humm Fun Feature of the Month —

Finally — full-on festival season is upon us! As regular Humm readers know, the number and quality of festivals throughout the Ottawa Valley has been steadily increasing, to the point that you now need a “one-stop shopping” source in order to plan your summer and not miss your favourites. Well, here’s our first stab at one, compiled from our various contacts and many, many websites (all listed here).

by Kris Riendeau

As always with a first attempt we’re bound to have missed a few, so if we didn’t include your event in this issue please give a shout as soon as possible so we can list you online and include you in next year’s Fun Feature. Because of space restrictions, we have limited this to events that run for three days or fewer, and have included the dates of the various regional fairs as a sidebar. The festivals below are organized chronologically. Here goes...

## Almonte Celtfest

July 4-6 in Almonte, free admission, donations welcome, <almonteceltfest.com>

Celtfest includes Pub Night (Friday) and main stage performances in Gemmill Park (Sat noon-10, Sun noon-6). Headliners include The American Rogues and Le Vent du Nord, Matt Pepin, Kyle Felhaver, The Ryans and Louis Schryer.

You’ll also find a food court and Celtic artisan market.

This year Celtfest is going green — water stations are available for people to refill their bottles, and they will be giving away bottles at the gate, but there will be no water sales available on site, so BYOBottle!

## Stewart Park Festival

July 18–20 in Perth, free admission, donations welcome, <stewartparkfestival.com>

Headliners include Danny Michel, JW Jones, The Bills, John Gorka, Sultans of String and Amelia Curran. There is also an artisan market, food truck court, kids’ activities, and After Hours Buttons (\$20).

This year’s event features two free children’s shows at the Studio Theatre: Fiddlefire! by Chris McKhool of Sultans of String (July 19), and Rag & Bone Puppet Theatre’s *The Wind in the Willows* (July 20).

There is also a special show with Matt Andersen on Thursday, July 17 at St. Paul’s United Church in Perth. Tickets are available online at <ticketsplease.ca>.



Photo by Graham Sibthorpe

## The Festival of Family

July 19 in Renfrew, free admission

This annual event is put on by the Renfrew BIA and features buskers, magicians, jumpy castles and slides, a petting zoo, The Juggle Bugs, The Cow Guys, a merchants’ street sale, refreshment stands and BeaverTails. There will many locals performing at both the Youth Stage and the Senior Stage. Renfrew’s NHL/NHA Birthplace Museum will also be offering guided tours, a fundraising BBQ and some street hockey action with special guests.



## Midsummer Herbfest

July 27 from 9AM-5PM at The Herb Garden, single \$4 adv, \$5 at gate; families \$12 adv, \$15 at gate, <herbfest.ca>

This one-day celebration of all things herbal features demonstrations and talks, an extensive marketplace, a guided labyrinth walk, wild herb walks, great food, live music, authors, and the very popular Chef Cook-off. Kids will enjoy the play structure, Korny Klowns and dancing fairies, face painting and henna tattoos.

## Bridge Street Bazaar

August 2, 9AM–4PM in Carleton Place, free admission <downtowncarletonplace.com>

Presented by the Carleton Place BIA, this downtown sidewalk bazaar features over a hundred vendors, musicians, mas-cots and dancers, petting zoo, pony rides, face painting and balloon animals. The entire downtown section of Bridge Street is shut off to vehicular traffic, so everyone can wander at will!



Photo by Tracy Lamb, Mopani Communications

## Perth Garlic Festival

August 9 (9–5) and 10 (9–4) in Perth, \$5, under 12 are free, <perthgarlicfestival.com>

Presented by the Lions Club of Perth, this celebration of “the stinking rose” features over 70 garlic, craft and food vendors. You’ll also find cooking demonstrations, great entertainment, and loads of products and information about all things garlic.

## Carp Garlic Festival

August 9 (8–3) and 10 (10–3) in Carp, free admission, <carpfarmersmarket.com>

Once a year the Carp Farmers’ Market shines the spotlight on garlic with special vendors, cookings demonstrations, and information about garlic braiding, garlic growing, and more. On Saturday from 8–1 you’ll also find all of the regular Farmers’ Market vendors.



## 3 DAYS OF MUSIC IN DOWNTOWN HERITAGE PERTH

**After Hours, Workshops, Children's Activities**  
Admission by Donation *Line-up subject to change*  
Sorry no dogs or smoking allowed in the park.

**Friday**  
Youth Showcase  
Long Sault Trio  
The Lovelocks  
Sultans of String  
The Bills  
Danny Michel

**Saturday**  
The Academy for Musical Theatre  
Dr. Jazz  
Christine Tassan et Les Imposteurs  
Bombadils  
Duane Andrews & Craig Young  
Pacific Curls  
John Gorka  
Alysha Brilla  
JW Jones

**Sunday**  
Amanda Bon & The Outskirts  
Miguel De Armas Latin Jazz Quartet  
Amelia Curran  
Dufty Drifters

# 24<sup>TH</sup> ANNUAL Stewart Park Festival July 18–20

## www.stewartparkfestival.com

# Fabulous Festivals for Full Family Fun!

## Puppets Up! International Puppet Festival

August 9 & 10 (9:30AM-6:30PM) in Almonte, adults \$20/day (\$30 for weekend), kids 3-12 are \$10/day (\$15 for weekend), kids under 3 are free, <puppetsup.ca>

This year's troupes include Leslie Carrara-Rudolph (*Sesame Street's* Abby Cadabby), Frogtown Mountain Puppeteers, Switzerland's Figuren Theatre, Italy's Little Feet Theatre, and others. Shows geared towards toddlers and older kids take place in tents and theatres, while buskers and parades keep the street hopping. There's also a kids' craft tent, puppet marketplace, great food and lots more!



Photo by B. A. Relfe

## MUSICwestport

August 16, 10AM-6PM in Westport, free, <westportartscouncil.com>

Enjoy eight different bands hosted on two outdoor stages. Performers include New Country Rehab, Emily Fennell, Drumhand, and Mikey & the Reelers. This family-friendly event kicks off on The Cove Stage at 10AM with the finals of the VOICE of the RIDEAU all-ages singing competition. At 12PM the Artemisia Stage opens along with a street fair that showcases local art. Food and drinks are available and local businesses and restaurants will be open.

## Writers Festival, Perth Chapter

August 22 & 23 in Perth, various prices for different events, <writersfestival.org>

This marks the first year that there will be a Perth Chapter of the popular Ottawa Writers Festival. So far, highlights include a One-on-One evening with author Terry Fallis, and writing workshops with Amanda West Lewis, Phil Jenkins, and Lee Ann Eckhardt Smith. The event is still taking shape, so visit the website or a Perth book shop for more details!

## North Highland Lanark Games

August 23, 9AM-6PM in Almonte, adults \$14 adv, \$17 at the gate, kids 6-13 \$6 at the gate, <almontehighlandgames.com>

Celebrate Scottish culture and the heritage of the Ottawa Valley with twenty pipe bands, a hundred dancers, and champion heavyweight athletes (including the



Canadian Women's Heavyweight Championship). There are also mini-games for kids, Scottish concessions (food, clothing, genealogical information, etc.), and an evening ceilidh at the beer garden

## Fibrefest

September 13 (9AM-5PM) & 14 (9AM-4PM) in Almonte, \$5/day, <mvtm.ca>

At three locations (the Mississippi Valley Textile Museum, the Almonte Arena, and the Almonte Curling Club) visitors will find demonstrations, vendors, and exhibits at this two-day festival of fibre arts. Local guilds will demonstrate spinning, knitting, weaving, rug hooking, lacemaking, smocking and quilting. Vendors include spinners, weavers, and fibre artists from across the province, as well as quilt shops and alpaca farms.

## Fair Warning!

Town fairs are another great way to spend a fun day with the whole family. Each one has its own particular flavour, so we recommend checking them all out! Here's when they are taking place, and where you can find out more:

### Middleville Fair: July 5

<middlevillefair.ca>

### Almonte Fair: July 18-20

<almontefair.ca>

### Arnprior Fair: August 7-10

<arnpriorfair.ca>

### Pakenham Fair: August 16

<exploremississippimills.ca>

### Perth Fair: Aug. 29-Sep. 1

<perthfair.com>

### Renfrew Fair: September 3-7

<renfrewfair.com>

### Carp Fair: September 25-28

<carpfair.ca>

### LCIH Women's Fair: November 8, 9

<lcih.org>

## See More Online!

You'll find more lovely photos, as well as links to all of the festivals and fairs listed here, at <thehummm.com>!

Mississippi Mills The Town of Mississippi Mills proudly presents:

# PUPPETS UP!

## International Puppet Festival

AUGUST 9 & 10, 2014

CELEBRATING **ten** YEARS

ALMONTE in Mississippi Mills ON

Join us for our **tenth**, fun-filled family festival featuring a daily puppet parade, street performers and puppet shows for all ages!

9:30am to 6:30pm daily  
Single Day Passes: Adult \$20 Children \$10 (ages 3-12)  
Weekend passes are also available. Kids under 3 get in free!

For more information or to buy advance tickets online, please visit: [puppetsup.ca](http://puppetsup.ca)

Thank you to our generous Sponsors!

Thank you to our kindhearted Angels!

Come celebrate the Celtic heritage of the Ottawa Valley at this hand-clapping, foot-stomping festival in the natural amphitheatre of Almonte's Gemmill Park

18th Annual

# Almonte Celtfest

## JULY 4-5-6, 2014

This year we've really gone green. Refillable water stations available throughout the park. Don't forget your water bottles.

Follow us on Facebook at Almonte Celtfest OR on Twitter @almonteceltfest

Canada Ontario Mississippi Mills WESTJET

This project is funded in part by the Building Communities Through Arts and Heritage Program at Canadian Heritage.

H. Colleen O'Connell-Campbell | SocialMediaLead  
613 708-4047 | colleen.campbell@mississippimills.com

CHW WLS  
98  
ALMONTE SIGNS

Details at [www.almonteceltfest.com](http://www.almonteceltfest.com)

**Art Classes in Almonte**  
with Elizabeth Veninga

**Plein Air Day  
Painting/Drawing**  
One day workshop,  
using medium of your choice  
10AM-4PM, \$65

Saturday July 19<sup>th</sup>  
Saturday August 16<sup>th</sup>  
Saturday September 20<sup>th</sup>

(613) 256-0509  
chiselndraw@gmail.com




A Company of Fools will present their comedic, torchlight take on *As You Like It* in Arnprior on July 16, in McDonalds Corners on July 23, and at The Herb Garden on August 14

Pick up *theHumm* in Ottawa at  
**BRITTON'S IN THE GLEBE**



**Patio Now Open!**



Stewart Park Music Venue

Reserve Now for Greek Night Tuesday Aug 5  
Mondays: \$5 Caesars  
Tuesdays & Fridays: Schnitzel Night  
Wednesdays: 2-for-1 Fish & Chips  
Thursdays: Ribs & Open Mic Night  
Live Music every Friday & Saturday  
[www.goldenarrowpub.com](http://www.goldenarrowpub.com)

## When a Girl Wears Pants She's Unrecognizable!

In order to escape the political jungle of lethal "wrestlers", family feuds, and tyrannical leaders, a motley crew of characters find themselves in the Forest of Arden. This place of exile quickly becomes a hotbed of foolishness as the banished Rosalind, disguised in men's attire, comes across her love, Orlando. Not wanting to be recognized, she calls herself Ganymede and offers to be Orlando's servant, of sorts. Because in Shakespeare when a girl wears pants she's instantly unrecognizable, Orlando agrees to take wooing lessons from Ganymede to ease the burden of his own broken heart over Rosalind. Meanwhile, in another part of the forest, a band of quirky castaways, led by Rosalind's exiled father Duke Senior, all attempt to rediscover themselves. Each Fool seeks out

love, friendship and transformation amid the chaos of the forest, where true romance must inevitably conquer all!

Will Rosalind and Orlando find love? Will Duke Senior regain his rightful Dukedom? Will the tyrannical Duke Frederick allow them to live happily ever after in the forest? How many rhetorical questions are enough?

Find out in *As You Like It*, being performed at the MERA Schoolhouse in McDonald's Corners on Wednesday, July 23, at 7PM. This is "torchlight Shakespeare" by **A Company of Fools**, an Ottawa-based troupe who combine physical theatre techniques of clown, mask and puppetry, with the classical text.

For this outdoor show, bring a lawn chair or blanket, bug spray and a sense of humour. Pass-the-hat donations are col-

lected at the end of the performance and can be submitted in the form of cash or cheque.

To enjoy a full "dinner-and-theatre" evening, arrive at 5:30PM for the McDonald's Corners Farmers' Market supper, with an à la carte menu of savouries and sweets, cold drinks and barista service. Bring your own plates and cutlery. Dinner service closes at 6:30, in order to be ready for the 7PM performance.

For more information, see the Fools website <fools.ca> or the MERA website <meraschoolhouse.org> or call Kristine Swaren at 278-1226. A Company of Fools will also be performing *As You Like It* at Robert Simpson Park in Arnprior on July 16, and at The Herb Garden near Almonte on August 14.

**Perth GARLIC Festival**

Perth Fairgrounds

More than 70 garlic, craft and food vendors!

**THE PERTH GARLIC FESTIVAL HAS A LITTLE SOMETHING FOR EVERYONE**

- Cooking Demonstrations
- Garlic Favoured Foods
- Fresh Garlic for Sale
- Great Entertainment
- Garlic Folklore
- Craft Vendors
- Award Winning Recipes
- Garlic Braiding
- Growing, Harvesting & Preserving Garlic

[www.perthgarlicfestival.com](http://www.perthgarlicfestival.com)

Sat., August 9  
9 a.m. - 5 p.m.

Sun., August 10  
9 a.m. - 4 p.m.

A Lions Club of Perth event in support of local causes






## Update from the Carleton Place Horticultural Society

The Carleton Place & District Horticultural Society ended the spring season with a Flower Show and English Tea, held at the Zion-Memorial United Church Hall in Carleton Place. It was another successful event, opened by Mayor Wendy LeBlanc and attended by the Flowers Fairies of Carleton Place. The design classes, based on the History of Carleton Place, had many colourful and inventive entries. A Master Gardener was on hand to answer questions on gardening and the English Tea was very well attended; a tasty and filling experience for everyone.

The group does not have meetings in July or August, but fall meetings start again in September. They take place on the first Wednesday of the month at 7PM, at St. Andrews Presbyterian Church hall, and new members and visitors are most welcome.

The September speaker will be Rebecca Craig on Japanese-Inspired Gardens. For details, please visit <cphorticulture.ca>.

# Big Changes are Coming to the Museum!

The North Lanark Regional Museum, located just outside of Appleton, is undergoing major changes this summer. As part of efforts to create an engaging environment for visitors, they will be updating their downstairs exhibits, which extensively showcase local history. Updates include building new shelves and cabinets, organizing artefacts, and overhauling the aesthetics of current displays.

The blacksmith exhibit will be the first of the downstairs displays to undergo a complete re-design, with others to follow in the coming seasons, including: school, general store, post office, cobbler and household items exhibits.

It's a big job, but they're very excited! By the end of the summer they'll have exhibits that are both aesthetic and functional. You can help by donating building materials such as plaster, wood, or paint, or perhaps you have some extra time to volunteer to research, design and build the exhibits.

The Museum is open all summer, from 10AM to 4PM, so



The North Lanark Regional Museum in Appleton is undergoing some big changes this summer, and is seeking volunteers to assist them with donations of time and materials

come out for a visit! Check out their newest exhibit, **Toys and Games of Mississippi Mills**, which features vintage and antique toys from collectors and locals alike. The museum also features an authentic pioneer log cabin, built in Almonte during the 1850s.

For more information about exhibits or events, please call

257-8503, or email <appleton-museum@hotmail.com>. Remember to check the museum website for updates and upcoming special events at <north-lanarkregionalmuseum.com>.

The North Lanark Regional Museum acknowledges the support of the Ontario Trillium Foundation, which is an agency of the Government of Ontario.



**NEW FULL MENU**  
**NEW PAINT**  
**NEW ATTITUDES**  
AND  
FOR THE FIRST TIME  
WE'LL ACCEPT  
MAJOR CREDIT CARDS!



CHECK OUT OUR NEW WEBSITE  
[WWW.SKLIGHTDRIVEIN.COM](http://WWW.SKLIGHTDRIVEIN.COM)  
CONTACT US AT:  
[SKYLIGHTDRIVEIN@GMAIL.COM](mailto:SKYLIGHTDRIVEIN@GMAIL.COM)  
(613) 732-2136



**THE SKYLIGHT DRIVE-IN WILL RE-OPEN THIS YEAR!**  
NEW OWNERS, KEVIN MARSHALL AND KATHY LEPINE HAVE PURCHASED THE SKYLIGHT DRIVE-IN PEMBROKE, AND WILL BE OPEN WITH ALL NEW DIGITAL GEAR AND A WHOLE NEW MENU.

**WE WILL OPEN**  
**FRIDAY JUNE 27<sup>TH</sup>**  
SHOWTIME IS DUSK  
AND WE WILL RUN 7 NIGHTS A WEEK  
UNTIL AUGUST 31<sup>ST</sup>  
THEN WEEKENDS UNTIL THANKSGIVING



**ADMISSION RATES FOR TWO MOVIES:**

<b>GENERAL ADMISSION</b>	<b>\$14</b>
<b>YOUTH ADMISSION 6-13</b>	<b>\$6</b>
<b>3 FEATURE NIGHT, GENERAL</b>	<b>\$15</b>
<b>4 FEATURE NIGHT, GENERAL</b>	<b>\$16</b>

**THURSDAYS WILL BE CARLOAD NIGHT (BRING YOUR FRIENDS, FILL YOUR CAR!) JUST \$20 PER CAR!**

**MOTORCYCLES ARE FREE! (2 OR 3 WHEELS)**  
**ANY VEHICLE FROM 1954 IS FREE (THIS IS THE SKYLIGHT DRIVE-IN'S 60<sup>TH</sup> ANNIVERSARY TOO!)**  
**CLASSIC CARS 1980 AND OLDER, DRIVER IS FREE!**

**WE'RE AT 199 FOREST LEA ROAD, BETWEEN PEMBROKE AND PETAWAWA. EXIT RIGHT ON FOREST LEA RD OFF HIWAY 17 FROM ARNPRIOR! EXIT LEFT ON FOREST LEA RD OFF HIWAY 17 FROM DEEP RIVER!**

# Almonte Shifts into High Summer Gear!

Hold onto your hats, folks, because I have a bunch of exciting things to tell you about... and I've gotta say, I am quite high on life right now, from witnessing the passion of so many Mississippi Millers. Folks from all over Almonte, Pakenham, Appleton, Blakeney, Clayton and Ramsay came together by the Old Town Hall, along with visitors and friends from all around (even the big city!), to share their love for the Mississippi River, as it passes

by Miss Mills

through downtown Almonte. They chatted, they wrote notes to Kathleen Wynne, they signed petitions, and they illustrated en masse their feelings of how government has dropped the ball regarding a proposed hydro plant. Now, I'm not going to get all political on you... Don't worry. But wherever you stand on the issue, in these times of being so busy, it was moving to see so many people take time out of their sunny, near-holiday weekend (June 28) to spend some time downtown, marching with Save Our River signs, writing impassioned notes to our Premier, and playing with beach balls. No matter how angry folks may get about issues, Almonte is still "The Friendly Town" (and let's face it, the rest of MM is pretty darned friendly too). And I am so proud to be a puppet living in this caring, friendly town. If you want to know what is going on with the river, check out

<stopnerdu.com> or <millstonenews.com>. But don't check them out on the first weekend of July... because you are going to be TOO BUSY!

July 4 to 6 is Almonte **Celtfest** weekend! It's the first major festival of the season and one of my favourites. The fiddles, the singing, the dancing, the drumming on their bowdohowrnns (!? you know what I mean) — it is all so moving and invigorating! My mascot friends Nick and Liam have been known to dance up a storm, there in Gemmill Park, though I myself like to lounge on the hill... perhaps with a visit to the beer tent?

The warm-up is on Friday night, when you can visit a local pub to hear a live band. On Saturday, you'll want to catch the whole line-up, from the Ottawa Celtic Choir to The American Rogues! The music begins at 12PM, and the Rogues will lull you to sleep (ha! not likely!), ending around 10PM. Sunday morning you can repent for Saturday's excesses at a traditional fiddle mass, before the music begins again at 12:05PM (because 12PM is too early?). The fun lasts all afternoon, with the Rogues returning to close out the day! A couple of insider tips from your intrepid reporter... make sure you are around for Le Vent du Nord, Sunday at 2:50PM. I caught them at a Folkus concert a few years back and they are fantastique! And the Rogues?! Check out their promo video at <therogues.us>. 'Nuff said.

Another insider tip: BRING YOUR WATER BOTTLE! Celtfest proves it *is* easy be-

ing green, by providing Lanark Pure refillable water stations throughout the park.

On the Saturday morning (July 5), if you are not taking a workshop, take a wander through the Almonte Farmers' Market (open 8:30AM to 12:30PM). There, along with the usual purveyors of deliciousness and crafts, you can meet Keith Salisbury



Celtfest (July 4-6) kicks off a busy month in Mississippi Mills!

of Goodwoods Farms, who will be serving lamb sliders as part of the **Lanark County Taste Tour**. Goodwoods' offerings include prepared specialties such as samosas, lamb pie and shepherd's pie. Their lambs are raised by their mothers, in open air and sunshine, on lush rotating pastures, on the farm just north of Franktown and then, one day, yada yada yada, they're delicious.

Next up on the agenda (you *are* putting all this in your agenda or eyephone, aren't you?) is a favourite of young and old. The

**Almonte Fair** is back for their 156<sup>th</sup> run from July 18 to 20. You've got your prized carrots, your demolition derby, your beautiful quilts, your live music, your midway and, of course, your food... If you don't like the Fair then I guess you just don't like fun, and you may as well stop reading my column as I am ALL about the fun. Pick up

your prize books at the usual locations (or [almontefair.ca](http://almontefair.ca)), pack up the kids and the folks and the aunts (not the uncles though... they are so embarrassing) and get yourself to the Fair! Insider tip: Get your midway bracelets before 6PM on Thursday, July 17 to save yourself \$10!

With all that excitement, if you are anything like me, you will need some down time. Not a lot, mind... just a bit. How about a lovely walk through one of my favourite natural spots: the **Mill of Kintail**. Enjoy the energetic glow of the greenery, the sounds of the water, the soft breeze on your cheek, and step inside to view some paintings and cards by ten members of the Almonte & Area Artists Association.

Can't you just feeeeel the peaceful tranquility? Well soak it in, because you've got to be ready to party it up in August. I've gotta spruce up my house for all the old friends coming to the family reunion. You know... for the 10<sup>th</sup> anniversary of a certain festival? Involving friends of an, um, puppety nature?

See you around town!

## Heritage Mica Days

FRIENDS OF MURPHYS POINT PARK



Events include Spirit Walks, Silver Queen Mine Tours, Amphitheatre Concerts and Lots of Food!  
Visit the website for full details and to purchase tickets.

BBQ AND MUSIC ON THE BEACH  
July 12 from 11 a.m. to 2 p.m.

Music by Long Sault Trio



### SILVER QUEEN MINE OPEN HOUSES

- Sundays from 10 a.m. to 12 noon
- Participate in the Junior Mica Miner program
- July 6 features music by Hwy 511
- July 20 features music by Ken Ramsden and heritage trades on display

CORN ROAST  
July 26 at 6:00 p.m.

Enjoy some local Lanark County corn on the cob at the campfire pit



Website: [www.heritagemicadays.ca](http://www.heritagemicadays.ca)  
Email: [heritagemicadays@gmail.com](mailto:heritagemicadays@gmail.com)  
Phone: 613-267-5340



# the 19<sup>th</sup> Annual Midsummer HERBFEST

Sunday, July 27, 9<sup>AM</sup>-5<sup>PM</sup> (rain or shine)

## Demonstrations

Admission included with Day Pass.

### Demo Tent 1

- 11AM-1:30PM **Chef Cook-Off** (see Special Feature)  
 1:30-2:30PM **A Cheese Sommelier Talks Cheese!**  
 (Vanessa Simmons)  
 2:30-3:30PM **The Dangers of GMOs** (Kathleen Leeson,  
 Shamanic Healer & Clinical Herbalist)

### Demo Tent 2

- 11-12PM **Edible Front Yard Gardens** (Telsing  
 Andrews, Canadian Organic Growers)  
 12-1PM **Anyone Can Be A Herbalist!**  
 (Carol McGrath, Herbalist)  
 1-2PM **Living On Earth As If We Want To Stay**  
 (Mike Nickerson, Author)  
 2-3PM **The Healing Art of Photography**  
 (Helene Anne Fortin, Photographer)

## Music / Dance Program

- 9-9:45AM TINNERUFARO Marimba Band  
 11AM-12PM Blue Page Trio  
 12-1PM Harpists on the house porch  
 12PM Faeries dance at the vendor/eating area  
 1-2PM Lucas Haneman, guitar  
 1:05PM Faeries dance at the garden/labyrinth  
 2-3PM Brea Lawrenson, country music  
 2:10PM Faeries dance at the vendor/eating area

## Special Feature

### Demo Tent 1: Chef Cook-off

11AM to 1:30PM **Chef Cook-Off** with host **Debbie Trenholm**  
 (accredited sommelier of Savvy Company)

**Trisha Donaldson**, Owner of *Dish: Chef's Table At Home*, Almonte <www.dishbytrisha.com>  
 Trisha has worked in British Columbia at The All Seasons Café, in Ottawa at the Pelican Grill and Domus Café, and most recently at the Almonte Riverside Kitchen.

**Derick Cotnam**, Owner of *My Catering Group*, Ottawa <mycateringgroup.com>  
 Derek has worked in the hospitality industry since he was 14, and is an alumnus of the Algonquin Culinary Arts Program. He spent many years working in and managing culinary teams in high-end establishments in Ottawa and abroad before opening My Catering Group.

**Whitney Toogood**, Chef at *Saunders Farm*, Munster <www.saundersfarm.com>  
 Whitney has been involved with the Wellington Gastropub, Thyme & Again, and other local restaurants in the Ottawa area.

## For All Ages

- 11AM-12PM Guided Labyrinth Walk with Vanessa Compton, Ph. D.  
 11:30AM Guided Herb Walk with Johvi Leeck  
 3:30PM Guided Herb Walk with Johvi Leeck  
 All Day Mike Nickerson at the Authors' Tent, Play Structure, Labyrinth, Henna Tattoos, Korny Klowns, Face Painting & more!

### Advance Herbfest passes are on sale at:

**the Herb Garden**, 3840 Old Almonte Rd., Ottawa (613) 256-0228  
**Equator Coffee**, 451 Ottawa St., Almonte (613) 256-5960  
**The Table Restaurant**, 1230 Wellington St., Ottawa (613) 729-5973  
**Reid Landscaping**, 142 Pick Rd., Carleton Place (613) 253-3467  
**Rainbow Foods**, 1487 Richmond Rd. at Carling (613) 726-9200  
**Lanark Landing Restaurant**, Lanark, ON (613) 259-2744

Single Pass: \$4 / Family Pass: \$12 in advance (\$5 ea. or \$15 per family at the gate)  
 On-site parking \$2 (Sorry, no parking available on Old Almonte Road)

The Herb Garden is 15 km west of Canadian Tire Centre towards Almonte. It is located just east of the Upper Dwyer Hill Road on the Old Almonte Road.

For more information, maps and other festival pass locations:

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# Celebrate Herbs and Healthy Living at Midsummer Herbfest!



The 19<sup>th</sup> annual Midsummer Herbfest will take place on Sunday, July 27 from 9AM to 5PM, rain or shine. If it is raining where you are, then count on NO RAIN at Herbfest, as we have found out that is usually the case! The event is hosted by the Herb Garden at 3840 Old Almonte Road, a short 15-minute drive west from the Canadian Tire Centre. If you have never attended Herbfest, then this is the year you must mark your calendar and come. Invite your friends and carpool.

peek at [www.herbfest.ca](http://www.herbfest.ca) might lead you to Youtube and a video clip from Herbfest 2004, when George and Gerry hosted their first festival and had just taken ownership of the Herb Garden.

can simply relax with ABC's fine microbrewery beers.

The goal of the festival is twofold: to introduce you to your neighbours who produce local, healthy, natural organic products; and to promote healthy lifestyle choices in a fun and magical atmosphere. Stroll the outdoor marketplace to find a wide range of products and services that will intrigue and enchant you. They range from eclectic artisan jewellery and Liz Allison's faerie houses, to Mains de Mariposa's



This co-operative effort by about 75 small local enterprises, farms and artisans is guaranteed to impress you. Many vendors and visitors have been returning for years because it is virtually impossible to see, hear and experience everything Herbfest has to offer in just one visit. A quick

Visitors will find a variety of things to do. Herbfest includes everything from demonstrations and talks, dancing fairies, face painting, a guided labyrinth walk, wild herb walks, great food, live music, an extensive marketplace and, of course, the very popular Chef Cook-off. Or you

handmade creams and lotions, to reiki practitioners and award-winning portrait photographer Helene Anne Fortin. Talk to the producers who made the products. Wander through the gardens; sit and listen to the harpists in the shade of the Manitoba Maples; have a bite of food and a micro-brewed beer; have your face painted! Come for breakfast at 9AM and stay for the day.

Our group of 70 community-minded volunteers will assure that you leave in a great mood with every intention of returning, with your friends, for next year's 20<sup>th</sup> anniversary. Herbfest! It grows on you! We guarantee it!

Herbfest is organized by the volunteers of the Ottawa Valley Herb Association. For more information, visit [www.herbfest.ca](http://www.herbfest.ca), [www.facebook.com/MidsummerHerbfest](http://www.facebook.com/MidsummerHerbfest), or [twitter.com/herbfestottawa](https://twitter.com/herbfestottawa), or call the Herb Garden at 613-256-0228.



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Organized by the Ottawa Valley Herb Association members

# Artemisia and the Green Fairy...

Tarragon is the first introduction most people have to the Artemisia family. An herb traditionally used in French cooking and primarily paired with chicken or fish, Tarragon has a delicate liquorice flavour. If you like it a lot, you might want to consider using it as a garnish, because as with cilantro, the taste diminishes considerably when cooked. I am interested to see what the chefs at this year's Midsummer Herbfest do with this 2014 herb of the year.

has much to offer, great caution and respect must be used when ingesting this herb.

Mugwort is known as "the dreaming herb". When I did an herbology course for children one summer, we harvested and used dried mugwort for dream pillows which the kids sewed up by hand while sitting in that big tree beside the gazebo at The Herb Garden. Mugwort is the wildest and weediest member of the Artemisia family, growing up to four feet high in fields

lar because of their frosty white, soft feathery foliage and their hardness to our climate. The silver mound and other similar varieties definitely make a ground cover that complements your taller or more floral focal points.

Richters <www.richters.com> boasts over forty varieties of Artemisia! Historically, however, the wormwood gained its notoriety for its use in the drink absinthe.

Originally, wormwood soaked in wine or spirits was recommended by Hippocrates for jaundice, rheumatism, anemia and menstrual pains. It is likely the name absinthe is derived from the Greek *apsinthion*, which literally means "undrinkable". The wormwood drink was indeed quite bitter.

Thujone, being the active chemical constituent, is a "GABA-a" receptor antagonist, so basically it acts to slow down the synapses by inhibiting this neurotransmitter that slows down the neurons firing. Absinthe is not relaxing, it's stimulating, which would explain why artists and writers enjoyed its use, and more than once "The Green Fairy" was named as a muse.

But Green Fairy wasn't just another name for absinthe: she was the metaphorical concept of artistic enlightenment and exploration, of poetic inspiration, of a freer state of mind, of new ideas, of a changing social order. To the original bohemians of 1890s Paris, the Fairy was a welcome symbol of transformation.

Van Gogh was most famous for imbibing the brew, but many other famed creative types were also purported to indulge in it: Oscar Wilde, Charles Cros, Charles Beaudelaire, H.P. Lovecraft, Paul Marie Verlaine, Arthur

Rimbaud, Guy de Maupassant, Alfred Jarry, Ernest Hemingway, and most recently Marilyn Manson. All of these artists created brilliant and notable works but many of them did suffer and ultimately die as a result of their substance abuses.

In modern day there is discussion of wormwood tincture for stomach complaints, anti-parasitical measures, sedatives, and as an anti-inflammatory, and there are also recent reports of use in moxibustion treatments for cancer.

If you are curious to taste absinthe there is actually a restaurant in Ottawa (called the Absinthe Café) that serves many different calibers of the drink, depending on how much you want to pay. If you are more interested in the culinary use of tarragon, or medicinal uses of wormwood, then The Midsummer Herbfest is where you want to be on July 27<sup>th</sup>!

— By Bonnie Jean Stacey, aka The Tea Lady



Tarragon (*Artemisia dracunculoides*) is the 2014 Herb of the Year

Growing fairly tall in the herb garden with long slender feathery leaves, tarragon is one of the first herbs ready for harvest in the spring. Medicinal benefits include inducing appetite, relieving stomach cramps, as a general digestive aid, fighting fatigue, and numbing toothaches. It is also drunk as an infusion to aid elimination, including removing intestinal worms.

Tarragon is probably the safest member of the Artemisia family to use. The wormwood varieties, including mugwort, are toxic to the liver. While a small quantity of the herb can be valuable and

and ditches. The witches I know do enjoy a cup of mugwort tea when doing dream work or astral travel, but for children or novices I recommend sticking with the dream pillow, or burning it as incense. Mugwort has also been used as a smudge. In medieval times a spray of mugwort was hung over the doorway for protection or strewn over the floor (remember they often had dirt floors) to keep a fresh scent and to deter bugs.

I see wormwood varieties in neighbourhood gardens all the time, but particularly the silver mound. These seem to be popu-

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**Sunday, July 27, 9am-5pm**

# How to Respond to Creative

So you have just been handed the newest, greatest idea for your next advertising campaign. It came from your ad agency or your brother-in-law, or it came from you. Wherever it came from, there it is, and it's time to decide whether it's right.

It's time to respond.

by Patrick Arbour

How do you do that? Do you just accept what has been put in front of you? Do you trust that it's right because you are following in the footsteps of what has come before? Must it be OK because you're doing exactly what your competition is doing? Does it matter? (Don't go there.) Here's what I suggest:

**Take your clothes off.**

**Take your skin off.**

**Turn your brain off.**

Now that you're naked, bleeding and numb, try, try very hard, to turn yourself into your target person. Put his or her clothes on, get into their skin and their soul.

Keep your brain turned off. Don't be afraid to put your brain into neutral for a few moments. Don't overthink this.

Try to respond to the creative (newspaper ad/sign/radio script/window display/brochure/anything creatively representing your product) the way your target person is going to respond. Notice it, feel it, think about it.

## 1. Notice it

Picture it. Try to imagine it finished — in the paper, on air, in the hands of a potential buyer. Is anybody going to notice it, or is it just a lot of words? If no one is going to notice it, all the rest of this is for nothing.

## 2. Feel it

Evaluate it with your heart, soul and gut. Once they notice an ad, consumers then feel it first and think about it second. Even the most rational of propositions, I suspect, first elicits an emotional response: "God! That makes sense!" Does it feel right? Do

you "get it" without thinking about it? Is it appealing? Does it interest you?

## 3. Think about it

Think about the whole, before the details. Does it make sense? Is it relevant? Again, do you "get it"? Does it solve the main advertising problem? (If you haven't identified your main advertising problem, go back to square one.) Does it meet the strategy? (Yes, you need a strategy.) Is it clear? Is it simple? Is it convincing?

Most importantly and all-important, is there an idea? Do things connect to make it new, to make it fresh, to make it different?

## 4. Practice it

(You can do this in private.) Think about the ads that really capture you when you are watching television or reading a magazine or listening to the radio. Imagine what they looked like on a plain piece of paper. Why do they capture you? Is it because you feel something about them, believe something about them, maybe, or just notice and remember something about them (and, of course, something about the brand that's paying the money to run them)?

We all, quite rightfully, spend a lot of time exercising our brains. We could all spend equally profitable time exercising our imagination and our instincts.

## It's Time to Hear from You

This is the third article in this Marketing Series, and so far I have been writing about whatever pops into my mind. Time to turn things around. What's on your mind? Send me your marketing/advertising questions care of this fine paper and I will answer forthwith. Big issues, small issues, just a question you have had about the industry — send them along. You do your part, I'll do mine.

— Patrick Arbour is a Creative Director and Executive Business Coach residing in Almonte. He can be reached through this publication.

# Tea on the Lawn at the Mill of Kintail

Ramsay Women's Institute will be serving Tea on the Lawn at the Mill of Kintail on Wednesdays and Saturdays in July and August from 2-4PM. With the scenic backdrop of the Indian River and the R. Tait McKenzie Memorial Museum, your table awaits with an array of homemade tea breads, a cotton tea cosy and china teacups. Is this not the perfect summer outing for friends and family?

Ramsay Women's Institute members look forward to serving past guests and to welcoming new ones to this summer tradition. For more information, please email <skolsters@mvc.on.ca> or call 256-3610 x2.



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# Peter Brown Quartet CD Release Party

Want to know a secret? It's one of the best-kept in Carleton Place... For three years, on the first Thursday of each month, there is a gathering of musical talent at Ballygiblin's Restaurant & Pub, the likes of which one usually only reads about. They will take you back in musical time with genuine authenticity, because they were there. What are they doing in Carleton Place, you ask? Any jazz aficionado will appreciate that the best music often comes from the cozy "backroom" of the local bar, which offers an intimacy with the band that allows them to relax and do what they do best. They (and we) are all there for the same reason: an exquisite, mutual, musical connection that can only come from age-old, talented wisdom. And with a total musical history of over 250 years, they have it in spades.



On Sunday, July 20, the Peter Brown Quartet will launch their new CD *Beautiful Love* at Ballygiblin's in Carleton Place

## The Musicians

Enjoy Peter Brown on keyboard, Don Paterson on trumpet, Dave Arthur on bass, and Glenn Robb on drums. With Peter, Don and Dave sharing the vocals, you can relax with your (delicious, I might add) dinner, while they serenade you with a selection of old jazz standards.

By the second set, hands are clappin' and feet are tappin' to some solid swing as Glenn steps up the beat with the most effortless and subtle drumming I have ever heard.

Catch your breath during the break, because in the last set, several talented guests will join the group to make it a full-out, swinging Dixie Band you would have to pay big bucks to see down in New Orleans. Add in a sax, trombone, clarinet, jazz violin, harmonica and even someone playing

the "bones" (I didn't know you could play jazz on the bones!) and the roof starts to come off. There's smoke coming out of Peter's piano from the fire (notice I didn't use "great balls of") in his fingers. Don is blowing halos 'round Gabriel's horn and Dave is beating the devil out of the bass like they were both possessed. Glenn, with a flick of his wrist and a tap of his toe, holds them all together with a rhythm (ok, I gotta use this one) to "beat the band". And the crowd goes wild!

I suggest you reserve in advance if you want to hear some professional homemade swing and jazz at its finest. Especially on Sunday, July 20, from 6-9PM at Ballygiblin's in Carleton Place. These jazz greats have put together a CD titled *Beautiful Love*. The Peter Brown Quartet will be celebrating this release and you are invited. The CD is a vibrant selection of standards that are authentic in their performance by musicians who live the music.

— James Lesley

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# Changes at the Station

The former Canadian Pacific Railway Station at 132 Coleman Street in Carleton Place has gone through some notable changes since its birth in 1921. Clearly, its severance from the CP system in 1989 brought about some of the most significant ones, but there has been quite a bit of activity in the building recently as well.

## Sole Survivor Significance

The Railway Station was formally recognized as a Canadian Historic Place in January of 1991. Here's what the website Canada's Historic Places <historicplaces.ca> has to say about the building: "Architecturally, the station is one of the finer examples of the in-house work produced by the Chief Engineer's office in Montreal. Although its decoration is relatively simple, its design relies upon sophisticated massing and a fine sense of horizontal layering. The station's deep-set windows and doors, and wide overhanging roofs give it a strong three-dimensional quality. The interior continues the fine sense of proportion, finish and detail, within a simple, elegant layout. This station is the sole survivor of a group of seven CPR stations built of stone in the Upper Ottawa Valley between 1897 and 1922."

## Chamber of Commerce

A beautiful heritage building located in downtown Carleton Place seems a perfect home for the town's Chamber of Commerce <cpchamber.com>. Jackie Kavanagh, Manager of the Chamber, outlines the history of that organization at the Station: "The Chamber came to the station in June of 2009 to open and run the Information Centre on behalf of the town. With that came the Gallery and Gift Shop. We operated on the two levels in the middle of the building until September of 2013 when the town asked if we would relocate to the east end of the building. We love the space as it is bright and cheerful, and the visitors (tourists and locals) who come in love it as well."

"We have been showing the work of local artists since we opened in 2009, at first with the help of Arts Carleton Place, and now on our own," Jackie adds. "Items in the Gallery range from photography and prints (both framed and on canvas) to original paintings in acrylic, oil, and watercolours. We also feature local pottery, sculpture and metal works, as well as local soaps, bath and body products, and more."

The Information Centre provides visitors with information on biking, walking trails, local shops, accommodations, dining, camping and self-guided walking tours for Carleton Place and District, as

well as information on neighbouring communities and destinations across the province. The Chamber of Commerce also operates out of the Information Centre and provides business support, networking opportunities and referrals for local businesses.

The Information Centre is open seven days a week: Monday through Friday from 9AM to 5PM and on weekends from 10AM to 4PM.

The Chamber invites everyone to an **Artist Open House** taking place on Sunday July 6 at the Info Centre/Gallery from 1–3PM. They are changing their display and will be switching over to "Floral Explosion" for the summer. At that time they will also be celebrating their 5<sup>th</sup> anniversary at the Train Station with cake and local dignitaries.

## Yoga Station

One of the most prominent tenants at the Station over the past several years has been Yoga Station. Conceived, implemented and owned by Tamara Reasin and Tomasz Poplawski, this bright, inviting studio recently increased in size by adding a second space for hot yoga and wall yoga. They currently offer classes seven days a week in a variety of styles (gentle, power flow, hatha, ashtanga, hot), as well as yoga teacher training sessions and occasional special workshops. They have been featured in past issues of theHumm (July 2009, August 2010 and June 2013), but there are always new developments, so keep an eye on their website <yogartmatrix.com> and plan to try a class soon!

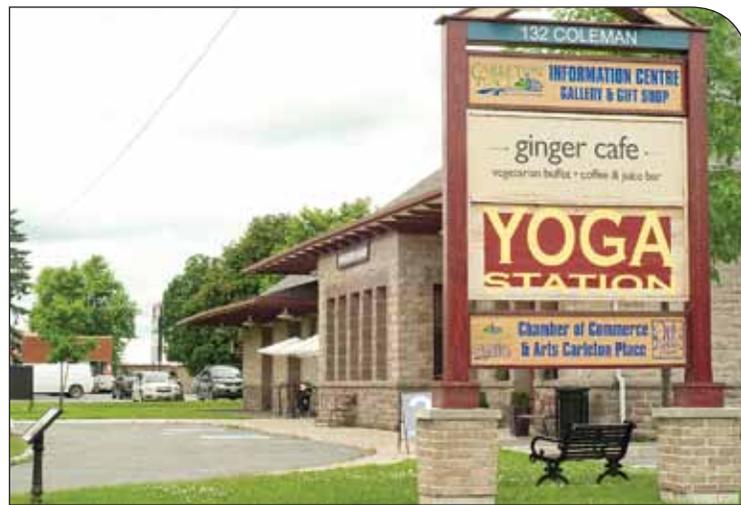


Tiffany Nixon is the happy owner of the new Ginger Café — vegetarian buffet, coffee & juice bar

## Ginger Café

The "new face at the Station" award definitely goes to Tiffany Nixon, owner of the brand-new Ginger Café <gingercafe.ca>. Sandwiched between Yoga Station and the Chamber, this vegetarian buffet, coffee and juice bar is a delicious and healthy addition to the mix. Tiffany was born and raised in Carleton Place, and after fifteen years of applying her marketing skills to the high-tech industry, she was ready for a change and keen to introduce her hometown to a new dining experience. So far the reception has been wonderful, and Tiffany has found that "so many people, especially vegans and people with gluten intolerance, are excited to have a place with options tailored to their dietary needs. Our customers truly are great. They've given us some great feedback and suggestions... and even recipes!"

Ginger Café operates on a "pay-by-weight" model that will be familiar to patrons of The Green Door or The Table restaurants in Ottawa. Some items, such



The former Canadian Pacific Railway Station in Carleton Place (the sole survivor of a group of seven such stations built in the Upper Ottawa Valley between 1897 and 1922) is now the happy home to three dynamic tenants

as smoothies, juices, soups and sandwiches are priced individually, but most of the options are available as a buffet, so you simply load up your plate with the items you want and then have it weighed at the cash. This system eliminates a lot of waste, and also gives patrons a wide variety of choices in one meal. Along with chef David Laurin (who worked at a resort in Mont Tremblant for thirteen years before moving to Carleton Place), Tiffany strives to provide delicious, healthy and fresh food and drinks served in a cozy environment.

When I asked Tiffany what her plans were for the future of the café, she responded: "this is the fun stuff that keeps me up at night! We're in the process of renovating the upper level, which will add more seating and a lounge area. I'm really excited for this new space because it will allow us to host private parties, workshops, classes and theme evenings!" Ginger Café will be running a fundraiser for LAWS on July 20 for youngsters (see [gingercafe.ca/events-2](http://gingercafe.ca/events-2) for details). "My goal is for our little café to be a destination; to be thought of as a fun, casual space that people feel welcomed and at home in."

— Kris Riendeau

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Visitors, residents, local artists and business people all receive a warm welcome at the Carleton Place Chamber of Commerce!



## Children's Art Lessons in Carp

Located in quaint and picturesque central Carp, four young and enthusiastic entrepreneurs have launched a business providing art lessons to children. The business, called **Busy Bee Artists**, will run for the duration of the summer, offering fun and engaging short courses, workshops and art parties. The lessons will take place out of The Hive, which serves as a gift shop, florist, and showcase of local artists, and is happily located beside Alice's Village Café.

Busy Bee Artists aim to provide their students with a wide range of transferable skills and tools. Along with cultivating visual art skills, creativity will be encouraged and developed, and children will be provided with the confidence that comes naturally with learning a new skill. It is the belief of Busy Bee Artists that art "is an important and enriching part of any culture, and is a wonderful life skill to be used for expression and relaxation." Studies have also revealed that visual art education has a posi-

tive correlation with problem-solving skills, critical thinking, and academic performance.

The classes will focus on an engaging environment, with class sizes capped at six students — which is less than half of the average art class size in Ottawa — allowing for lots of individual attention. All courses are designed with a twist, to be fun, educational and different. For convenience, all materials are provided.

The program is being run by three Queen's University students, and one All Saints High School student. Anna, Katherine and Heather, respectively in Fine Arts, Political Sciences, and Commerce, along with Esmée, all share a passion for art. Anna and Katherine will be the main instructors and have both earned multiple prestigious awards at The Young-At-Art Awards from the City of Ottawa.

For full information on courses offered and their dates, visit <BusyBeeArtists.com> or write to <BusyBeeArtists@gmail.com>.

The Reever Report

# The Best is Yet to Be

I know exactly where I was at 8AM on July 4, 1964: my Dad and I were eating breakfast — me, adorned in hair rollers, a raggedy green housecoat and furry slippers. My Dad seemed pretty nervous. My Mom was fussing over doing dishes, and my sister was emoting that if I didn't get going, I'd never be ready in two hours. I mean, how long does it take to put on a dress, comb your hair, and decide if makeup is expected or not? Even if the dress is a wedding dress, and you know the shoes are going to pinch. Even if hair spray is going to be required. Even if the headpiece and veil need to be adjusted... It just wouldn't take two hours.

by Glenda Jones

Our house was a fluff of pink bridesmaids, aunts, uncles and cousins in assorted state of excitement, and the father of the bride cadging a last smoke before heading church-ward.

When I look back on the day, it all happened so fast. By noon I had a new name, a new title, and a whole new life ahead.

Alan was a husband, expected to keep his bride in the fashion her father wanted to see for her. On our wedding day, did we have any idea where this married life was going to take us? Do many young people in the throes of romance think of their future, and where they will be fifty years down the road? No, for sure not. We were only thinking about the weeks ahead, not the years, and even at that, we had no idea where we were going, except we were loading our little car (a 1962 Chevy II) and heading to Victoria. At least Alan had a promised job, much to the relief of my Dad!

We were both too naive to even think there might be hitches along the way. It was like playing house for grown-ups. We found an apartment and learned to cook decent meals, balance a chequebook, clean the house — even entertain! I went to university, Alan to his job, and we thought we had the world by the tail.

We did too, even two months later when a baby was on the way — I told you we were naive! — and we again shifted gears to become new parents. Now we were really playing house: got a place of our own and got on with life, which seemed to roll along too fast to believe. Who had time at that point to

carve the path for the future? The future was "next Thursday" or whatever day we could manage a few minutes for a conversation about something other than diapers and dishes.

Two moves — one to Halifax, one back to Ottawa — and three little kids provided day to day living with new challenges and busy times. We volunteered, we coached, we watched the kids grow up and leave home, and still, no time to philosophize over life's journey.

Now we're here, retired, with time, supposedly, to reflect on our fifty years of married life. However, it's not a topic that comes up much; it's not monumental, it's just our life together. A while ago, a young person asked how we'd done it, (I think she meant "stood it!") and all I could think was that one day followed the next, each one demanding our attention, and that we'd just kept walking together to get it done. We hadn't thought it demanded an explanation. After all, that was the pact that we'd signed on Independence Day, 1964 — that we'd grow together in all we were doing, that we'd support each other through thick and thin, and grow ourselves as we grew as a couple. That's what love will do for you: it'll make you see

the value of developing a relationship that transcends age, that endures and is nurtured by mutual affection and desire to see the unity and strength that two people can achieve when they work together. It doesn't get discussed; it just gets done.

We're definitely not the same people we were at 22 and 24. Not quite so naive, for one thing! But we still rely on each other in all we do. We now need each other in different ways than we did then. We find we need both our memories to dredge up names; we need two of us to do the heavy lifting in the woods; we need two of us to read a manual and make sense of putting a chain on a saw. We need two of us to file our taxes online. If one of us

can do a job well, we're content to let that person do it. If it takes two of us, so be it. We're a team.

We don't go around spouting love poems to each other, but when Alan proposed to me, and on more than one anniversary, he has said: "Grow old with me, the best is yet to be." I have never regretted one moment of our fifty married years, would do it again in a heartbeat, and have had a good life being married to him. I can't imagine how the best can be better than the rest, but I sure am happy to be along for the ride.



Glenda and Alan Jones, round about fifty years ago

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# An Appeal to Local Food Supporters

If you've ever thought about making a donation to help rebuild our local food economy, there isn't a better time than now!

Eastern Ontario is a land of rugged beauty, with many lakes and rivers and the hilly backdrop of the Canadian Shield. This land, while inspiring to artists of all kinds, has typically made it more difficult for farmers to grow on a large scale and thus most have remained small- to medium-sized. Low returns, combined with a challenging growing climate, have meant that fewer and fewer young people are remaining on family farms or choosing farming as a viable career choice — and so our overall farming population is aging.

The fact is that most food processing, food terminals, and farmer development are all currently centred in Southern Ontario. The creation of the **Two Rivers Food Hub** to serve this area of Eastern Ontario would mean greater opportunities for our small- to medium-sized farmers. Instead of each farmer having to solicit clients and pay for and build their own storage, cleaning and processing facilities, our service-based system would offer this in one central location. We would have, on site, the ability to clean, grade, package and store crops of all kinds, as well as maintaining a client base of restaurants, retailers and institutions.

But the Two Rivers Food Hub will create opportunities for

many more businesses than just farming. A commercial kitchen will allow start-up food-processing companies to emerge, whether through product development or by providing them the ability to sell a food product made in a licensed facility without having the expense of building their own. With a commercial kitchen, business incubator program, farm incubator program, and future endeavours such as community gardens and children's education, the Two Rivers Food Hub will truly be a centre for all aspects of local food.

Food Hubs are not a dream — they are the new reality. In the United States, there are over 300 food hubs, and their government's mandate states: "The USDA is committed to food hubs because we believe that they offer strong and sound infrastructure support to producers across the country, which will also help build a stronger regional food system."

For the past 18 months, a broad coalition of farmers, buyers, processors, and community supporters has been investigating the feasibility of establishing a viable and sustainable food hub, in the Smiths Falls area, that will service all of Lanark County and the surrounding area. Our goal is to have it up and running within this next year. But to get there we need seed money, especially from the local food community that the hub will serve (growers, buyers, processors), as

well as those who support a local food system and want to see it thrive. Through various grants we have the opportunity to double and perhaps triple the money we are able to raise, but we have to have cash in hand to leverage these funding opportunities. By partnering with Rideau Community Health Services, whose mission is healthy living and healthy food, we now have a strong administrative structure and the ability to issue tax receipts for charitable donations.

Our world is changing, and we need to change with it. By creating a more dynamic local food system, we will be leaving a legacy for our children and grandchildren, which means that farming in this area will not be a concept, but an actuality.

To make a donation, please send a cheque, made out to *Rideau Community Health Services*, to Two Rivers Food Hub, 74 Herriott Street, Carleton Place, ON K7C 2A7.

To learn more about the Two Rivers Food Hub please take a few minutes to talk to one of the following people: Ray Elgersma (257-5126), Bill Dobson (283-5270), Sarah Mackenzie (284-0578), Shannon Miller (283-0205), Forbes Symon (267-6116 or 258-9569x125), Chenoa Marshall (264-1531), or Cheryl Nash (268-2907).

Thank you for your consideration of this request.  
— *By Cheryl Nash*

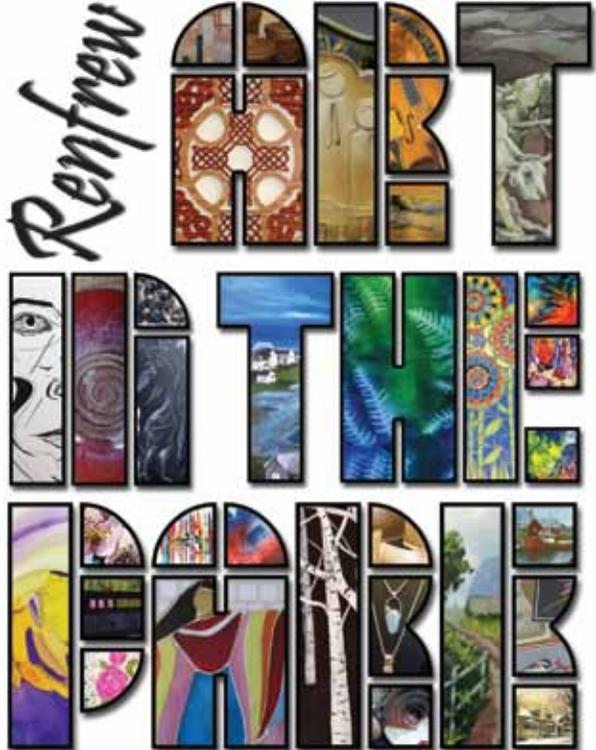
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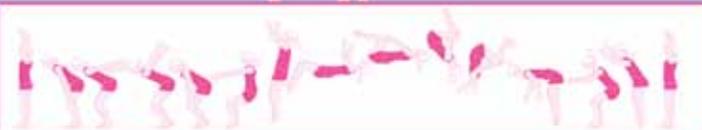
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# Studio Theatre Plunges Into Ambitious Season

“There is no rest for the wicked,” or so they say. They could have added “or for members of Studio Theatre.” Having just come off the resounding success of *Little Women, the Musical*, this community theatre is plunging into an ambitious new season for 2014–15, including a two-production summer season beginning July 3.

A pair of comedies comprises the summer playbill, beginning with *The Butler Did It*, by Walter and Peter Marks. Directed by Patricia Parry, this fiendishly clever and funny whodunit is an amusing parody of the old movies in which the killer is revealed in the final moments. This play within a play, in which all the characters are named Butler, is a fun production, so come prepared to laugh! *The Butler Did It* runs July 3, 4, 5, 11 and 12 at 8PM and July 6 and 13 at 2PM.

That production will be followed by Oscar Wilde’s witty comedy *An Ideal Husband*, August 14 to 24. Tickets for this summer season are \$24 each (\$22 in advance!) or \$40 for both plays.

But these are only appetizers for the entire season’s bill of delectable fare, beginning in October with *Crimes of the Heart*, an award winning play by Beth Henley. Directed by award-winning actress Barb Guthrie, this family drama about three sisters, each dealing with a personal crisis, is at once funny yet touching. *Crimes of the Heart* runs October 9 to 19.

Next up is an **Evening of One-Act Plays**, featuring Studio Theatre’s EODL One-Act Festival entry *A Bench at the Edge*, an offbeat dramatic comedy by Luigi Jannuzzi. Lucas Tennant, who usually appears onstage, changes hats and will direct. Another play, yet to be chosen, will

accompany this festival entry. An Evening of One-Act Plays runs only one weekend: October 30 to November 2.

As Christmas approaches, Studio Theatre treats audiences to a production that is both old and new. In 1946, Frank Capra produced the film *It’s a Wonderful Life*. The story became a Christmas classic and now returns to us in a format that many will remember: the radio drama.

In the days before TV, radio dramas were a popular form of entertainment. More recently, the radio drama has become a stage drama in its own right. This classic Christmas play, directed



Photo by Bruce Roby

After a tremendous 2013/14 season, the Studio Theatre in Perth is already planning through to June of 2015

by Norma Cummings, is done as an old-fashioned radio play, with visual sound effects and actors playing several parts. The old becomes new again. *It’s a Wonderful Life* runs December 4 to 14.

In the new year, Jeremy Dutton, who has brought us serious fare such as *Rabbit Hole*, *Doubt* and *Proof*, takes a break and gives us a new, but hilarious, Norm Foster play. *Hilda’s Yard* explores the generation gap between the members of a typical 1950s family whose children have grown up, but are gradually returning home for one reason or another. A funny, heart-warming tale in the true Foster manner, *Hilda’s Yard* runs February 5 to 15, 2015.

*The Salvage Shop* by Jim Nolan follows — a drama of a family struggling to resolve a painful rift before it’s too late. Set in a small coastal Irish town, *The Salvage Shop* is filled with the colourful characters and rich language of a traditional Irish play. It runs April 9 to 19, 2015.

The season winds up with a musical bang as C. Lee Bates brings us *The Drowsy Chaperone*, a musical that was born in Toronto in 1997 and went through numerous metamorphoses before emerging as an award winning script, by Bob Martin and Don McKellar. The story involves a confirmed musical theatre fan who plays his favourite album on the turntable and watches the musical come to life in his gloomy apartment. A must-see for all fans of the old musical theatre, *The Drowsy Chaperone* runs June 4 to 14, 2015.

Buy before Labour Day and you can take in all six productions for a special discounted price of \$115. After Labour Day, a season pass is \$125. Passes are available all summer at the theatre box office before performances (cash only) or at Tickets Please (credit cards accepted; a convenience fee applies).

For individual plays, advanced tickets are available in Perth at The Book Nook (56 Gore Street East, 267–2350) or at Tickets Please (39 Foster Street, 483–6434). For further information, consult <studiotheatreperth.com> or call the box office at 267–7469. Please note the box office does not take ticket orders.

So, turn off your TV and let Studio Theatre entertain you this season with its variety of dramas, comedies and mysteries. And remember, for those with mobility issues, the theatre is now fully accessible, so don’t miss a single production.

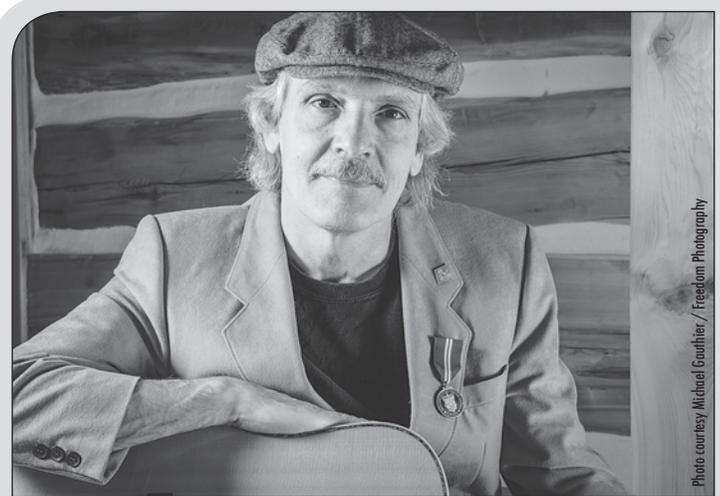


Photo courtesy Michael Gauthier / Freedom Photography

Valley boys Lyle Dillabough (above) and Bernie Costello present an Old-Fashioned Classic Country Afternoon at Union Hall on July 6

## For Old Times’ Sake

Valley “legend” Bernie Costello and “troubadour” Lyle Dillabough will host an **Old-Fashioned Classic Country Afternoon** at Union Hall in Clayton on Sunday, July 6, from 2–4PM. The two veteran entertainers will perform an intimate show featuring all-time favourite tunes and audience requests. Admission is \$10 at the door, with seating on a first-come, first-served basis. For more information, please call 257–4970 or email <lyleproductions@gmail.com>.

### The History

Lyle Dillabough first played music with Bernie Costello at the Royal Canadian Legion in Almonte during the fall of 1982. As Lyle tells it, “those were special and different times, to be sure. It used to be wall-to-wall people in there, and you could never really be sure what was going to happen or who was going to show up. Folks just ‘appeared’ on stage. But the one thing that could be counted on was that Costello would be backing up whoever was singing. It seemed that everyone in town gathered at the Legion on a Friday night — and there Bernie was, king of the keyboard.”

Often described as “the Valley’s Floyd Cramer”, Costello has been making music for over 60 years now and has likely played every place in this area during that time. He has played with them all — big and small — ranging from local musicians to Nashville big-name personalities. And to Bernie they are all the same, and he always fills in with his trademark sound and unique body movements. Seems the music moves him as much as it moves the world.

Over the years, Costello has teamed up with Dillabough on numerous occasions and in numerous places. Although their own personal musical styles vary, when it comes to classic country music they merge in a beautiful way. From Hank Williams Sr. tribute shows to radio, TV, recordings and dance halls, they have done it all. They have always been inspired by the music that defined the lives of millions, played in a land that truly is “country”.

“We both have had health issues in recent years,” states Dillabough, “and it makes us appreciate even more the true gift that being able to play music is, and what an honour it is to be able to play for others. So we kinda just want to get together and play. Plus, we love performing in these old buildings where we can be amongst our friends and neighbours and just have some fun.”

The two will perform, yet again, on July 6, so mark your calendars now and don’t miss this memorable event!



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# Writers' Festival Gets a Perth Chapter

Did you know that there is now a Perth Chapter of the Ottawa International Writers Festival? Well, there is — and that means some pretty exciting things are coming Perth's way, including visits by some of Canada's finest authors, local writing workshops for children and young adults, and a writer's contest.

The **Writer's Contest** is first up. Leslie Wallack, owner of The Book Nook & Other Treasures, says the idea of holding the contest was hatched at a meeting of festival organizers.

"Credit goes to Terry Stewart, one of the organizers of the Kilt Run and a member of our committee," she says. "We were brainstorming ideas for the festival and he came up with this. We loved the idea and ran with it."

Leslie explains some details about the competition: "There are two categories: one for students 13 to 17, and one for adults. Submissions can be either fiction or non-fiction, 1500 words in length. This year, we have not specified a topic or theme; it's the writer's choice."

The deadline for entries is August 1, and they can be dropped off at any of Perth's booksellers, who, Wallack says, quickly came on board to provide the prize money for the contest. Contest rules are also available at all of Perth's bookshops: The Book Nook & Other Treasures, The Bookworm, Backbeat Books and Music, The Word, and Blackwood Originals.

The organizing committee is delighted that The Perth Writers Guild has agreed to judge the contest entries.

Winners will be announced and prizes awarded at a special event during the festival weekend, August 22 and 23. That

event will include a "One-on-One" with best-selling author **Terry Fallis**, who will talk about his new book *No Relation* and the Canada Reads winner *The Best Laid Plans*' TV mini-series, part of which was filmed in Perth. Terry Fallis will be at the Crystal Palace on Friday, August 22, at 8:30PM. Tickets for the event are on sale at Tickets Please (39 Foster Street in Perth, ticketsplease.ca), or by visiting <writersfestival.org>.

The Perth Chapter of the Ottawa International Writers Festival would like to encourage everyone in the area to take part in the writing contest.

"Our festival celebrates writing in all its forms and the big ideas that are expressed by them," Wallack explains. "This contest allows local writers to showcase their talents and be recognized for their creativity. We are particularly keen to encourage students, but for all writers this is a great opportunity to experience the process of submitting to a contest. It's an excellent way to build a portfolio."

"After the idea was hatched, how did the Perth Chapter come about?" you might be wondering. Why did the Ottawa International Writers Festival, a world-class literary event which annually brings an amazing lineup of bestselling and incredibly talented authors to Ottawa, partner up with Perth?

A few reasons, as Leslie explains, with lots of people on board: "Recently, the board was exploring options for growth and outreach into rural areas. One of the members is writer Lee Ann Smith, who has run writing workshops at my store in Perth in the past. So she knew Perth would be a great location,

and contacted me with the idea of creating the Perth Chapter."

"I thought Perth would be the perfect host!" Wallack exclaims. "Not only is it known as 'The Big Town of Festivals,' it has a strong historical and arts-based identity, and its population base extends into the Eastern Ontario region. Most importantly, when I invited the Town, the Chamber of Commerce, the Business Improvement Association, the Library and some businesses to the first meeting, they immediately supported the Perth Chapter. This group will provide the leadership needed to make the festival a success over the long term."

Beyond festival events, like a talk with the delightful Terry Fallis in August, the Perth Chapter will be active with programs and activities determined by the Perth community.

"Perhaps most importantly, we will be launching a children's literacy program, based on Ottawa's successful Step Into Stories (JK-3) and THINK INK (grades 4-12)," Wallack says. "We will be bringing authors into area classrooms and libraries, where they will present workshops and readings to promote essential literacy skills and a love of reading, writing and creating."

In addition, Leslie suggests you be on the lookout for book fairs, authors at book clubs, writing workshops for adults, and more.

She reports that every author contacted by the organizing committee has been absolutely thrilled at the chance of attending. "Authors are even approaching us, as the word gets out about the Perth Chapter," she adds.

So, who else might be coming to town? Essentially, Leslie says, the sky is the limit. "We'll make



For the first time ever, this year's Ottawa Internationals Writers Festival will be expanding to include a Perth Chapter! Events so far scheduled include a One-on-One evening with Terry Fallis (above), author of *The Best Laid Plans*, as well as writing workshops with several other wordsmiths of note. The event is still in its planning stages, so drop into any Perth bookseller to find out more and pass on your suggestions!

more announcements for the August line-up soon. And over the coming years, we'll continue to bring to the stage the A-list authors the Ottawa Festival is known for, featuring writers and thinkers of local, national and international renown. We'll be bringing the best of the Ottawa Festival: hosted conversations that allow audiences to connect with their favourite authors and gain many new insights."

There will be a strong Perth focus as well, and the community's input is welcomed and encouraged. "Adding to what I know, as a bookseller, are the favourite authors in Perth," says Leslie, "we've also begun to canvass the community, to find out who would be of interest to area audiences."

If there is an author you would like to see come to Perth, drop a note on the Facebook page of The Book Nook & Other Treasures, or visit any of the town's wonderful booksellers and make a suggestion.

Remember: Margaret Atwood had agreed to read in Perth in 2013 — though the planning for that fell through — so don't be afraid to drop a big name!

In the meantime, as the Perth Chapter continues to shape up nicely, keep reading theHumm and visiting your local bookshops for more exciting literary announcements, including specifics on dates, times, more visiting authors, workshops, and ticket information.

— John Pigeau

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Bridge Street Bazaar, CP, Aug 2  
*The Country Wife*, Perth, Aug 7-10  
*Dial M for Murder*, Perth, Aug 8-31  
Puppets Up!, Almonte, Aug 9-10  
*An Ideal Husband*, Perth, Aug 14-17, 21-24  
Art in the Grass, Carp, Aug 16  
Writers Festival, Perth, Aug 22-23  
North Lanark Highland Games, Almonte, Aug 23  
Harvest Food & Drink Show, Almonte, Sep 13  
Fibrefest, Almonte, Sep 13-14  
Fall Fair, Middleville, Sep 16  
Expressions of Art, West Carleton, Oct 3-5  
*Crimes of the Heart*, Perth, Oct 9-19  
Crown & Pumpkin Studio Tour, Mississippi Mills, Oct 11-13  
Perth Autumn Studio Tour, Oct 11-13  
Merrickville's Jazz Fest, Oct 16-19  
*A Midsummer Night's Dream*, CP, Oct 17-18  
Evening of 1-Act Plays, Perth, Oct 30-Nov 2  
*Cinderella*, CP, Nov 28-30, Dec 5-6  
*It's a Wonderful Life*, Perth, Dec 4-14  
*Hilda's Yard*, Perth, Feb 5-15  
*The Salvage Shop*, Perth, Apr 9-19  
*The Drowsy Chaperone*, Perth, Jun 4-14

## Visual Arts

**Rideau Lakes Studio & Garden Tour**, July 4-6, 10AM-5PM. Brochures at area shops/resto. Rideau Lakes area. 272-2604, rideaulakesstudioandgardentour.com.  
**Music & Madness Art Show**, July 5, Perth artist Patrick Smulders. 21 Craig St., Perth. Free lemonade!  
**Textiles from Japan**, July 10, Artist's Talk 5PM, Almonte Old Town Hall; Opening Reception 6-8PM, MVTM.mvmtm.ca, 256-3754  
**Vernissage**, July 11, 7-9PM. Patricia Brunelle. Brush Strokes, Carleton Place. 253-8088, brushstrokesart.ca  
**Art In The Barn**, July 12-13, 10AM-4PM. Rideau Lakes Artists' Assoc. show/sale. Lombardy Fairgrounds, Smiths Falls. 283-7824, rideaulakesartists.com  
**Art in the Park**, July 12-13, 10AM-5PM. Renfrew Art Guild. Paintings, pottery, jewellery & more. Haramis Park, O'Brien Rd., Renfrew. renfrewartguild.com  
**Open House**, July 12-13, 10AM-4PM. Sarah Moffat's colourful art. S.M.art studio, Olde Flour Mill, Almonte. sarahmoffat.com  
**Flippin' Art Night**, July 17, 5-7PM. MJ Lancaster & Lorrie Beaton. Arts CP. Ballygiblin's, CP. 253-7400. Free  
**Fantasy in the Forest Art Show**, July 19-20, 10AM-5PM. Mixed media show/sale. Perth Rd. Village, 353-1997  
**Mini Fibre Festival**, July 26. Presented by Fibre Roads. MERA Schoolhouse, McDonalds Corners. fibreroads.ca

## Youth

Movies Under the Stars present *Frozen* (July 3), *Footloose* (Jul 10), *Walking with Dinosaurs* (Jul 17), *Muppets Most Wanted* (Jul 24), *Lego Movie* (Jul 31). 7PM preshow, movie at dusk. Bring chair, bug spray. Centennial Park, Smiths Falls. togethersmithsfalls.com, 285-9125  
Academy of Musical Theatre presents *Academy Idol* (Jul 4, 7PM); *The Return of the King* (July 10-11, 7PM); *Glee!* (July 18, 7PM). \$12 at ticketsplease.ca. Full Circle Theatre, Perth. 706-2287, musictheatre.ca

## Monday

🎵 **Canada Day Pre-Party w/Crooked Wood**, The Cove  
🎵 **Carp Celtic Jam**, Carp Masonic Lodge  
🎵 **Games Night**, Bolingbroke  
🎵 **Valerie June**, Neat Coffee Shop

🎵 **Carp Celtic Jam**, Carp Masonic Lodge  
🎵 **Games Night**, Bolingbroke  
🎵 **The Lonely Hearts Club**, The Cove

🎵 **Carp Celtic Jam**, Carp Masonic Lodge  
🎵 **Games Night**, Bolingbroke

🎵 **Carp Celtic Jam**, Carp Masonic Lodge  
🎵 **Games Night**, Bolingbroke  
🎵 **Valley Kennel Club Dog Show**, Beckwith

🎵 **Carp Celtic Jam**, Carp Masonic Lodge  
🎵 **Games Night**, Bolingbroke

## Tuesday

🌸 **Canada Day... Everywhere!**  
🎵 **Green Drinks**, Perth  
🎵 **Labyrinth Walk**, Carleton Place

🎵 **Labyrinth Walk**, Carleton Place  
🎵 **Red Wanting Blue**, Neat Coffee Shop

🎵 **Karaoke**, The Cove  
🎵 **Labyrinth Walk**, Carleton Place

🎵 **Labyrinth Walk**, Carleton Place  
🎵 **Valley Kennel Club Dog Show**, Beckwith

🎵 **Labyrinth Walk**, Carleton Place

## Wednesday

🎵 **Augusta Park: Cody Labombard**, Almonte  
🎵 **Kevin Head**, The Cove  
🎵 **Open Celtic Jam**, Naismith Pub  
🎵 **Silver Queen Mine Guided Hike**, Perth  
🎵 **Tea on the Lawn**, Almonte

🎵 **Adult Bereavement Group**, Perth  
🎵 **Augusta Park: Terry Tufts**, Almonte  
🎵 **Kevin Head**, The Cove  
🎵 **Open Celtic Jam**, Naismith Pub  
🎵 **Pete Murray**, Neat Coffee Shop  
🎵 **Silver Queen Mine Guided Hike**, Perth  
🎵 **Tea on the Lawn**, Almonte

🎵 **As You Like It**, Arnprior  
🎵 **Augusta Park: Strawberry Jam Dixieland Band**, Almonte  
🎵 **Come Blow Your Horn**, Perth  
🎵 **Kevin Head**, The Cove  
🎵 **Open Celtic Jam**, Naismith Pub  
🎵 **Said the Whale**, Neat Coffee Shop  
🎵 **Silver Queen Mine Guided Hike**, Perth  
🎵 **Tea on the Lawn**, Almonte

🎵 **As You Like It**, McDonalds Corners  
🎵 **Augusta Park: Jennifer Noxon/Brendan Gawn**, Almonte  
🎵 **Come Blow Your Horn**, Perth  
🎵 **Kevin Head**, The Cove  
🎵 **Open Celtic Jam**, Naismith Pub  
🎵 **Silver Queen Mine Guided Hike**, Perth  
🎵 **Tea on the Lawn**, Almonte  
🎵 **Valley Kennel Club Dog Show**, Beckwith

🎵 **Adult Bereavement Group**, SF  
🎵 **Augusta Park: Judge a Book**, Almonte  
🎵 **Ben Caplan & The Casual Smokers/Belle Game**, Neat  
🎵 **Come Blow Your Horn**, Perth  
🎵 **Kevin Head**, The Cove  
🎵 **Open Celtic Jam**, Naismith Pub  
🎵 **Silver Queen Mine Guided Hike**, Perth  
🎵 **Tea on the Lawn**, Almonte  
🎵 **The Panache Quartet**, Perth

## Thursday

🎵 **Al Tuck**, McDonalds Corners  
🎵 **Frozen**, Smiths Falls  
🎵 **Jazz at Bally's**, Ballygiblin's  
🎵 **Jazz Night**, The Cove  
🎵 **Musicians' Circle**, Bolingbroke  
🎵 **Open Mic**, Alice's Village Cafe  
🎵 **Open Mic**, Golden Arrow  
🎵 **The Butler Did It**, Perth

🎵 **Textiles from Japan**, Almonte  
🎵 **David Leask**, Golden Arrow  
🎵 **Fiddlers and Friends**, Ompah  
🎵 **Footloose**, Smiths Falls  
🎵 **Jazz Night**, The Cove  
🎵 **The Return of the King**, Perth  
🎵 **Musicians' Circle**, Bolingbroke  
🎵 **Open Mic**, Alice's Village Cafe  
🎵 **Perth Citizen's Band Outdoor Concert**, Perth

🎵 **Come Blow Your Horn**, Perth  
🎵 **Flippin' Art Night**, Carleton Place  
🎵 **Jazz Night**, The Cove  
🎵 **Matt Andersen**, Perth  
🎵 **Musicians' Circle**, Bolingbroke  
🎵 **Open Mic**, Alice's Village Cafe  
🎵 **Steve Stains Open Stage**, Golden Arrow  
🎵 **Walking with Dinosaurs**, Smiths Falls

🎵 **Come Blow Your Horn**, Perth  
🎵 **Jazz Night**, The Cove  
🎵 **Muppets Most Wanted**, Smiths Falls  
🎵 **Musicians' Circle**, Bolingbroke  
🎵 **Open Mic**, Alice's Village Cafe  
🎵 **Open Mic**, Golden Arrow  
🎵 **Perth Citizen's Band**, Perth

🎵 **Come Blow Your Horn**, Perth  
🎵 **Jazz Night**, The Cove  
🎵 **Lego Movie**, Smiths Falls  
🎵 **Musicians' Circle**, Bolingbroke  
🎵 **Open Mic**, Alice's Village Cafe  
🎵 **Open Mic**, Golden Arrow  
🎵 **Wild Child**, Neat Coffee Shop

## Festivals

🌸 **Almonte Celtfest**, Jul 4-6. Celtic music/dance weekend. Fri night music (pubs). Sat AM workshops, 12-10PM festival (Gemmill Park). Sun 10:30AM-Fiddle Mass, 12-6PM festival (Gemmill Park). Almonte & Pakenham. almonteceltfest.com  
**Almonte Fair**, Jul 18 (11-10PM), 19 (8AM-10PM), 20 (8AM-3PM). Bracelets at Levi Home Hardware, Nicholson's. almontefair.ca. \$10; 12&under free; plus midway  
**Stewart Park Festival**, Jul 18 from 1PM, Jul 19 (11AM), Jul 20 (12:30PM). Free music, crafts, etc. After hrs button \$20 for weekend (4 venues). Stewart Park, Perth. stewartparkfestival.com  
**Festival of Family**, July 19, 9AM-5PM. Buskers, magicians, kids' activities, street sale, food. Downtown Renfrew. 433-9925

🌸 **Herbfest**, July 27, 9am-5pm. Vendors, cook-off, talks, walks. The Herb Garden, 3840 Old Almonte Rd. 256-0228, herbfest.ca. \$5; \$4 adv. \$2 parking. Family pass avail

## Literature

📖 **Poetry Festival**, Jul 11-13. Poetry Lives in Brockville: Festival for the Literary Arts. Brockville. 213-7348, brockville-poetryguild.tumblr.com

## Theatre

🎭 **The Butler Did It**, Jul 3-5, 11-12 8PM; Jul 6, 13 2PM. Studio Theatre, Perth. 485-6434, ticketsplease.ca. \$24; \$22 adv; \$10 students w/ID  
**Summer Comedy Contest**, July 5, 12, 19, 8:30PM. Lanark Laughs stand-up contest. Ballygiblin's, CP. 253-7400, facebook.com/LanarkLaughs. \$5

🎭 **Come Blow Your Horn**, Jul 11-Aug 3. Wed-Sat 8PM; Wed, Thu, Sat, Sun 2PM. Classic Theatre Festival. St. James Church, Perth. 1-877-283-1283, classictheatre.ca. \$30.50; \$24.50 youth

A Company of Fools presents **As You Like It**, July 16, 7PM at Robert Simpson Park, Arnprior; July 23, 7PM at MERA Schoolhouse, McDonalds Cnrs. fools.ca. Pass-the-hat

**The Country Wife**, Jul 25, 26, Aug 7-9 7:30pm; Jul 27, Aug 10 1:30PM. Full Circle Theatre, Perth. barndoorproductions.ca. \$20

## Music

🎵 5 Wednesdays in July: **Cody Labombard**, (Jul 2, with BBQ), **Terry Tufts** (Jul 9, potluck), **Strawberry Jam Dixieland Band** (Jul 16, BBQ), **Jennifer Noxon & Brendan Gawn** (Jul 23, potluck), and **Judge a Book** (Jul 30,

BBQ). 6PM, Augusta St. Park, Almonte. facebook.com/FriendsOfAugustaStreetPark  
**Al Tuck**, July 3, 8PM. Folksinger from PEI. MERA Schoolhouse, McDonalds Corners. 485-6434, ticketsplease.ca. \$22

**Musicians' Circle**, Thursdays, 7PM. Musicians only - all ages. ABC Hall, Bolingbroke. 273-9005. \$5 for hall

**Salty Dog**, July 4, 7:30PM. Live Celtfest music. Almonte Legion. almonteceltfest.com

**Old-Fashioned Classic Country Afternoon**, July 6, 2PM. Bernie Costello & Lyle Dillabough. Union Hall, Almonte. 257-4970, lyleproductions@gmail.com., \$10

**Fiddlers and Friends**, July 10, 7PM. Old-time fiddle tunes. Ompah Community Centre. 479-2855. By donation

**Perth Citizen's Band Outdoor Concert**, July 10 & 24, 7:30PM. Classical, Broadway, movie themes, jazz, blues. Bring lawn chair or stroll park. Stewart Park, Perth. perthband.ca

## Friday

## Saturday

## Sunday

<ul style="list-style-type: none"> <li>Almonte Celfest, Almonte &amp; Pakenham</li> <li>Ambush Pig Roast &amp; Bonfire, Lake Park Lodge</li> <li>Brandy'n Port, The Downstairs Pub</li> <li>Colin Lloyd Group, Gaia Java</li> <li>Corkery Road, The Barley Mow</li> <li>Kirk Armstrong, Golden Arrow</li> <li>Academy Idol, Perth</li> <li>Rideau Lakes Studio &amp; Garden Tour</li> <li>Salty Dog, Almonte</li> <li>Shawn McCullough, The Cove</li> <li>Skirmish, Naismith Pub</li> <li>The Butler Did It, Perth</li> <li>The Ryans, Love That Barr</li> </ul>	<ul style="list-style-type: none"> <li>Almonte Celfest, Almonte</li> <li>Daisy Train, Lake Park Lodge</li> <li>Ham &amp; Bean Supper, Middleville</li> <li>Highland Heritage Day, Middleville</li> <li>Lanark County Taste Tour - Food Demo, Almonte</li> <li>Music &amp; Madness Art Show, Perth</li> <li>Perth Antique Show &amp; Sale, Perth</li> <li>Rideau Lakes Studio &amp; Garden Tour</li> <li>Sounds Sweet, Golden Arrow</li> <li>Summer Comedy Contest, Carleton Place</li> <li>Tea on the Lawn, Almonte</li> <li>The Butler Did It, Perth</li> </ul>	<ul style="list-style-type: none"> <li>Almonte Celfest, Almonte</li> <li>APEX Jazz Band, The Royal Oak</li> <li>Clay Young Duo Jazz Brunch, Fiddleheads</li> <li>Head over Heels, The Cove</li> <li>Old-Fashioned Classic Country Afternoon, Almonte</li> <li>Perth Antique Show &amp; Sale, Perth</li> <li>Picking on the Patio, Lake Park Lodge</li> <li>Rideau Lakes Studio &amp; Garden Tour</li> <li>Silver Queen Mine Open House, Perth</li> <li>Strawberry Social, Pakenham</li> <li>The Butler Did It, Perth</li> <li>Valley Singles Lunch, Almonte</li> </ul>
<ul style="list-style-type: none"> <li>Bryan Snider, Gaia Java</li> <li>Come Blow Your Horn, Perth</li> <li>George Reynolds, Golden Arrow</li> <li>The Return of the King, Perth</li> <li>Poetry Festival, Brockville</li> <li>Shawn McCullough, The Cove</li> <li>Steve Barrette Trio, The Swan at Carp</li> <li>The Butler Did It, Perth</li> <li>Vernissage, Carleton Place</li> </ul>	<ul style="list-style-type: none"> <li>Four Petty, The Cove</li> <li>Art in the Park, Renfrew</li> <li>Art In The Barn, Smiths Falls</li> <li>Come Blow Your Horn, Perth</li> <li>Eganville to Fourth Chute Paddle/Fiddle</li> <li>Fundraiser Dance, Middleville</li> <li>Miss Emily Brown &amp; David Ross MacDonald, Perth</li> <li>Picnic Like It's 1914, Carleton Place</li> <li>Seed-Saving Workshop, Almonte</li> <li>Sherman Downey, Lake Park Lodge</li> <li>Summer Comedy Contest, Carleton Place</li> <li>Tea on the Lawn, Almonte</li> <li>The Butler Did It, Perth</li> </ul>	<ul style="list-style-type: none"> <li>Art In The Barn, Smiths Falls</li> <li>Art in the Park, Renfrew</li> <li>Clay Young Duo Jazz Brunch, Fiddleheads</li> <li>Come Blow Your Horn, Perth</li> <li>Head over Heels, The Cove</li> <li>Magnolia Rhythm Kings, The Royal Oak</li> <li>Open House, Almonte</li> <li>Picking on the Patio, Lake Park Lodge</li> <li>Poetry Festival, Brockville</li> <li>Silver Queen Mine Open House, Perth</li> <li>The Butler Did It, Perth</li> </ul>
<ul style="list-style-type: none"> <li>Almonte Fair, Almonte</li> <li>Bombadils, The Lovelocks, Golden Arrow</li> <li>Come Blow Your Horn, Perth</li> <li>Glee!, Perth</li> <li>Rob Wannell Duo, Gaia Java</li> <li>Shawn McCullough, The Cove</li> <li>Stewart Park Festival, Perth</li> </ul>	<ul style="list-style-type: none"> <li>Almonte Fair, Almonte</li> <li>Auditions - Voice of the Rideau Singing Competition, North Crosby</li> <li>Autumns Cannon, Neat Coffee Shop</li> <li>Come Blow Your Horn, Perth</li> <li>Duane Andrews, Craig Young, Dr. Jazz, Golden Arrow</li> <li>Fantasy in the Forest Art Show, Perth Rd Village</li> <li>Festival of Family, Renfrew</li> <li>Fish Fry Fundraiser, Bolingbroke</li> <li>John Wilberforce, The Cove</li> <li>Stewart Park Festival, Perth</li> <li>Summer Comedy Contest, Carleton Place</li> <li>Tea on the Lawn, Almonte</li> </ul>	<ul style="list-style-type: none"> <li>Almonte Fair, Almonte</li> <li>APEX Jazz Band, The Royal Oak</li> <li>Clay Young Duo Jazz Brunch, Fiddleheads</li> <li>Come Blow Your Horn, Perth</li> <li>Fantasy in the Forest Art Show, Perth Rd Village</li> <li>Head over Heels, The Cove</li> <li>Mica Days Tour, Perth</li> <li>Peter Brown Quartet CD Release, Ballygiblin's</li> <li>Picking on the Patio, Lake Park Lodge</li> <li>Stewart Park Festival, Perth</li> </ul>
<ul style="list-style-type: none"> <li>Come Blow Your Horn, Perth</li> <li>Keli Jay &amp; Mollie Roy, Gaia Java</li> <li>Shawn McCullough, The Cove</li> <li>Steve Barrette Trio, The Swan at Carp</li> <li>Talk: From Africa to the Jungles of Parliament, Bolingbroke</li> <li>The Country Wife, Perth</li> <li>Tom Watson, Golden Arrow</li> </ul>	<ul style="list-style-type: none"> <li>Come Blow Your Horn, Perth</li> <li>Fred Eaglesmith, Neat Coffee Shop</li> <li>George Reynolds, Golden Arrow</li> <li>Mica Days Corn Roast, Perth</li> <li>Mini Fibre Festival, McDonalds Corners</li> <li>Stringtease, The Cove</li> <li>Tea on the Lawn, Almonte</li> <li>The Country Wife, Perth</li> </ul>	<ul style="list-style-type: none"> <li>Clay Young Duo Jazz Brunch, Fiddleheads</li> <li>Come Blow Your Horn, Perth</li> <li>Head over Heels, The Cove</li> <li>Herbfest, Almonte</li> <li>Magnolia Rhythm Kings, The Royal Oak</li> <li>Martha Wainwright, Neat Coffee Shop</li> <li>Motus O Dance Theatre, Westport</li> <li>NightCrawlers, Generations Inn</li> <li>Picking on the Patio, Lake Park Lodge</li> <li>Silver Queen Mine Open House, Perth</li> <li>The Country Wife, Perth</li> </ul>
<ul style="list-style-type: none"> <li>Brush Strokes presents mixed Patricia Brunelle &lt;brushstrokesart.ca&gt;</li> <li>FIELDWORK presents outdoor installations &lt;fieldworkproject.com&gt;</li> <li>General Fine Craft, Art &amp; Design presents Erin Robertson &lt;generalfinecraft.com&gt;</li> <li>Kiwi Gardens presents outdoor sculptures &lt;kiwigardens.ca&gt;</li> <li>MVTM presents Reiko Sudo + Nuno — Textiles from Japan &lt;mvmtm.ca&gt;</li> <li>Ottawa West Arts Assoc Gallery presents "On the Water" &lt;owaa.ca&gt;</li> <li>Palms Coffee Shop presents Nona Argue's linocut prints &lt;palmsonline.ca&gt;</li> <li>Riverguild Fine Crafts presents Franc van Oort's watercolours to Jul 6</li> <li>The Mississippi Mills Chambers Gallery presents Puppets Up! The Art of Puppet Making</li> <li>The Almonte Library Corridor Gallery presents Monica Blackburn &amp; Sam Hamilton</li> <li>Kanata Civic Art Gallery presents "A Picture is Worth a Thousand Words", a summer group show &lt;kanatagallery.ca&gt;</li> <li>Fairview Manor Foyer presents works by Jill McCubbin</li> </ul>		

Love That Barr (Pakenham, 624-2000):  
Jul 4 The Ryans, 7:30PM  
Alice's Village Café (Carp, 470-2233):  
Open mic Thursdays, 7:30PM  
Golden Arrow Pub (Perth, 267-4500):  
9PM  
Jul 3, 24 Open Mic w/Matt Dickson  
Jul 4 Kirk Armstrong  
Jul 5 Sounds Sweet  
Jul 10 David Leask  
Jul 11, 26 George Reynolds  
Jul 17 Steve Stains Open Stage  
Jul 18 Bombadils, The Lovelocks (Stewart Pk Fest)  
Jul 19 Duane Andrews & Craig Young, Dr. Jazz (Stewart Pk Fest)  
Jul 25 Tom Watson  
Jul 31 Open Mic w/The Matts

## Community

Games Night, Mondays at 7PM, Mondays, 7PM. Board games, cards. ABC Hall, Bolingbroke. 273-2965  
Labyrinth Walk, Tuesdays, 9-10AM. CP & Beckwith Museum, CP. 257-1014, carletonplacecommunitylabyrinth.blogspot.com. Free  
Silver Queen Mine Guided Hike, Wednesdays, 10AM. Pre-register at Murphys Point Park. 267-5353x133  
Tea on the Lawn, Wed & Sat, 2-4PM. Mill of Kintail, 2854 Concession 8, Almonte. 256-3610x2, skolsters@mvc.on.ca  
Lanark Cty Taste Tour, July 5. Natural Lamb at Farm Mkt (8:30-12:30). Almonte Library. almontefarmersmarket.ca  
Ham & Bean Supper, July 5, 4-6PM. Eat in or take out. Middleville Fairgrounds, 259-3028. \$12  
Highland Heritage Day, July 5, 9AM-4PM. Displays/demos at Middleville Fairgrounds & museum. 858-7012. \$5; 12/under free  
Perth Antique Show & Sale, July 5-6, 10AM-4PM. Perth Legion. 283-5270, perthantiqueshow.com. \$7  
Silver Queen Mine Open House, Sundays, 10AM-noon. Murphys Point Park, 267-5353x133, heritagemicadays.ca  
Strawberry Social, July 6, 1-4PM. GF opt. Fundraiser, Cedar Hill Schoolhouse, Pakenham. 256-2830. \$5  
Valley Singles Lunch, July 6, 1PM. JR's Restaurant, 385 Ottawa Street, Almonte. 623-6698

Adult Bereavement Groups, Jul 9 (1-3PM, Lanark Lodge, Perth); Jul 30 (1-3PM, Community Health Centre, Smiths Falls). 267-6400, rebeccab@chslc.ca. Free  
Eganville to Fourth Chute Paddle/Fiddle, July 12, Register: info@BonnehchereRiver.ca. Bonnehchere Caves. \$10 Fiddle Do, \$5 BBQ  
Mica Days: BBQ, Jul 12, 11AM-2PM, on beach, w/Long Sault Trio; Tour, Jul 20, 10AM-12PM, Trades/crafts displays along Mine trail, fiddler; Corn Roast, Jul 26, 6PM, \$1 per cob. Murphys Pt. Park, 267-5353x133, heritagemicadays.ca  
Picnic Like It's 1914, July 12, Noon-4PM. Bring blanket, lunch. CP & Beckwith Museum, CP. 253-7013. \$5 per family  
Seed-Saving Workshop, July 12, 10AM-noon. Telsing Andrews of Aster Lane Edibles. Almonte Library, 256-1037. Free  
Fish Fry Fundraiser, July 19, 5-8PM. Tickets from 273-3781, rphougho@gmail.com. ABC Hall fundraiser. Bolingbroke  
Valley Kennel Club Dog Show, July 21-23, 9AM-4PM. Spectators welcome. Beckwith Park. 253-1454. Free  
Talk: From Africa to the Jungles of Parliament, July 25, 6:30PM. Goodwill offering. ABC Hall, Bolingbroke

Fundraiser Dance, July 12, 8-11PM. Grateful We're not Dead - country & western music. Fundraiser for Trinity United Church. Middleville Fairgrounds, \$10 from 259-3028  
Miss Emily Brown & David Ross MacDonald, July 12, 8PM. Full Circle Theatre, 26 Craig St., Perth. 485-6434, ticketsplease.ca. \$24  
Matt Andersen, July 17, 8PM. Blues/folk. Part of Stewart Park Festival. St Paul's Church, Perth. ticketsplease.ca. \$33.90  
Auditions - Voice of the Rideau Singing Competition, July 19, 10AM-4PM. Solos/groups. 18plus, 13-17, 12 & younger. North Crosby Community Centre. westportartscouncil.com  
Motus O Dance Theatre, July 27, 2PM. Circus Terrifico. Energetic comedy about 3 circus performers. Westport Centre for Creative Learning. centreforcreativelearning.com. \$15; \$25 family

The Panache Quartet, July 30. 4 well-known solo fiddlers blend styles. Full Circle Theatre, Perth. barndoorproductions.ca  
The Swan at Carp (Carp, 839-7926):  
Jul 11, 25 Steve Barrette Trio, jazz, 7-10PM, no cover  
The Downstairs Pub (Almonte, 256-2031):  
Jul 4 Brandy 'n Port  
Fiddleheads (Perth, 267-1304):  
Jul 6, 13, 20, 27 Clay Young Duo Jazz Brunch, 12-3PM  
The Royal Oak (Kanata, 591-3895): jazz on Sun, no cover  
Jul 6, 20 APEX Jazz Band, 2-5PM  
Jul 13, 27 Magnolia Rhythm Kings, 3-6PM  
Gaia Java (Stittsville, 836-5469): Live music  
Fridays, 7PM, no cover  
Jul 4 Colin Lloyd Group  
Jul 11 Bryan Snider  
Jul 18 Rob Wannell Duo  
Jul 25 Keli Jay & Mollie Roy

The Cove (Westport, 273-3636): Wed Kevin Head, 6-9PM, Thurs Jazz Night w/ Spencer Evans Trio (Jul 3 w/Ila Vann), 9-11PM, \$5; Fri Shawn McCullough, 6-9PM, no cover; Sun 12:30-3:30PM, Head Over Heels  
Jul 7 The Lonely Hearts Club, 7-10PM  
Jul 12 Four Petty (tribute to Tom Petty), 8-11PM, \$10  
Jul 15 Karaoke, 7-10PM  
Jul 19 John Wilberforce, 6-9PM  
Jul 26 Stringtease, 6-9PM  
Ballygiblin's (CP, 253-7400), jazz, no cover  
Jul 3 6-9PM Peter Brown, Don Paterson, Dave Arthur, Glenn Robb  
Jul 20 6-9PM Peter Brown Quartet CD release  
Generations Inn (Carleton Place, 253-5253):  
Jul 27 The NightCrawlers, 6-9PM, no cover  
The Barley Mow (Almonte, 256-5669):  
Jul 4 Corkery Road, 7:30PM

Neat Coffee Shop (Burnstown, 433-3205): 8PM  
Jul 8 Red Wanting Blue, \$35  
Jul 9 Pete Murray, \$25  
Jul 16 Said the Whale, \$35  
Jul 19 Autumns Cannon, \$20  
Jul 26 Fred Eaglesmith, \$30  
Jul 27 Martha Wainwright, \$65  
Jul 30 Ben Caplan/Belle Game, \$25  
Jul 31 Wild Child, \$30  
Lake Park Lodge (Carleton Place, 591-9990):  
Jul 4 Ambush w/pig roast & BBQ, 9PM, \$10  
Jul 5 Daisy Train plays '80s, 9PM  
Jul 12 Sherman Downey & The Ambiguous Case, 9PM, \$45(w dinner)/\$20  
The Naismith Pub (Almonte, 256-6336): Open Celtic Jam Wed, no charge (7:30-10PM)  
Jul 4 Skirmish, 7:30PM  
Carp Masonic Lodge: Carp Celtic Jam, \$3/\$25 for 3 mos, all levels, Mon (7-9PM)

# OPEN HOUSE

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Hanging Around the Valley

# Feather Your Nest...

## How Two Build a Nest

Original artwork from a new children's book by Almonte residents Monica Blackburn and Sam Hamilton will be on display at the Almonte Branch of the Mississippi Mills Public Library from July 3 to July 31 (155 High Street, Almonte). These lively and colourful ink and watercolour illustrations follow a young pair of barn swallows as they build their first nest together.

Sam and Monica have previously collaborated on a children's book called, *Do It, Ear! Do It!* They enjoyed the process

by Miss Cellaneous

so much they decided to work together again, resulting in this new book. Sam is an illustrator and graphic designer living and working in Almonte with his family. This is his fourth children's book. Monica is the Services Supervisor at the Almonte Branch of the Mississippi Mills Public Library, where one of her favourite duties is holding Storytime. This is her second book.

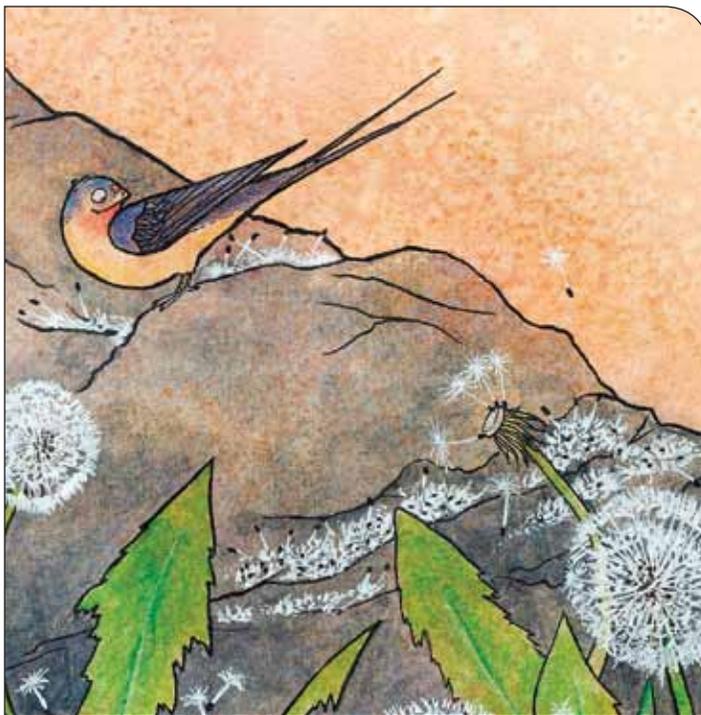
*How Two Build A Nest* will be available in softcover as of mid-July. Please visit [upstreamdesign.com](http://upstreamdesign.com) for updates and to pre-order.

## Renfrew's Art in the Park

This annual outdoor show by the Renfrew Art Guild has grown to include over forty artists this year. It takes place on the weekend of July 12 and 13, from 10AM to 5PM each day at Haramis Park (on O'Brien Boulevard, across from Walmart). Artwork in many different media will be available, including paintings, pottery, jewellery, metal sculptures, mosaic, wood turning, fabric art and more.

Because they were so well received last year, Art in the Park will again feature a number of demonstrations by participating artists. New this year is a **Battle of the Canvas**, in which artists have twenty minutes to complete paintings that will then be judged by the audience. Bring the whole family, and invite children to try their hand at painting in the Kids Zone. Food vendors include the Renfrew Pizzeria and The Smoke House Café (which will provide decadent brunches too). There will also be a draw for books from General Store Publishing House, and gift certificates from Rocky Mountain House.

Bring a lawn chair and make a day of it! For more information, please visit [renfrewartguild.com](http://renfrewartguild.com).



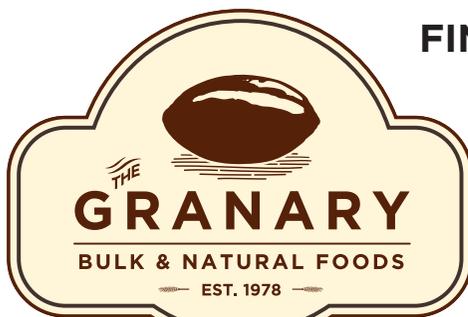
Artwork from *How Two Build A Nest*, the new book by illustrator Sam Hamilton and author Monica Blackburn, will be on display at the Almonte Library from July 3-31

## All Roads Lead to Fibre!

Eastern Ontario was once the home of Canada's textile industry — beginning with the settlement of Scottish weavers in Lanark in the 1820s, and continuing through the 1960s, when local mills closed down. Heirlooms created in those days can be found in local museums.

In so many ways, people in the Ottawa Valley are drawing from the past to re-invent the future: beautiful old homes are being restored, farmers' markets are providing local food grown with integrity, and local farms are raising fibre animals which provide fleeces, rovings and yarns for local textile aficionados.

A small group of people who work in fibre has come together to promote locally-produced materials for knitters, spinners and weavers, as well as locally-made textiles and garments that will become the heirlooms of the future. They are called **Fibre Roads** [fibreroads.ca](http://fibreroads.ca),



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Almonte

# ... With Lovely Local Art!

and on Saturday, July 26, their work will be on display at a **Mini Fibre Festival** to be held on the grounds of the MERA Schoolhouse in McDonalds Corners.

They are a diverse group: mostly people who are ostensibly retired, but who put long hours into preserving breeds of animals that give us luxurious natural fibres; and people who have taken up the old arts of working with those fibres to create the heirlooms of the future.

Fibre Roads members raise alpacas, fleece-breed sheep and llamas. When the animals' fleeces have been shorn, they are sorted by quality and then shipped off to spinning mills to be washed, carded, and made into spinners' rovings or yarns. Many yarns are sold in their natural colours — no, not all sheep are white, and both alpacas and llamas come in a wide variety of shades — but Fibre Roads also dyes rovings and yarns, either in solid colours or variegated blends.

Not everyone in Fibre Roads has a farm, though; some members use the rovings and yarns their colleagues produce to weave and knit original designs for clothing and household textiles. It's amazing how easy it turns out to be, to collect way too many spinning wheels or looms! Not to mention knitting needles and crochet hooks. All of them, however, are usefully employed in producing original designs and one-of-a-kind pieces that you'll find nowhere else.

And because Fibre Roads members believe that maintaining the old skills is so important, they also promote the textile arts: some Fibre Roads members teach spinning, weaving and knitting. If you are interested in taking a class, email a request through the website. <fibreroads.ca>



All fibre roads lead to the Mini Fibre Festival at MERA on July 26



The Mississippi Valley Textile Museum hosts the exhibition *Reiko Sudo + NUNO, Textiles from Japan*, from July 11 to November 22

## Japanese Textile Star at MVTM

The Mississippi Valley Textile Museum (MVTM) is thrilled to be hosting the exhibition *Reiko Sudo + NUNO, Textiles from Japan*, curated by Alan Elder of the Canadian Museum of History. The exhibition runs from July 11 to November 22, with an artist's talk and opening remarks at the Old Almonte Town Hall, hosted by the Town of Mississippi Mills, on Thursday July 10 at 5PM, followed by an opening reception at the Museum from 6–8PM.

Textiles created by the NUNO Corporation, led by co-founder and head designer Reiko Sudo, have been shown worldwide and are used by leading fashion designers and architects. They are in collections in the Victoria & Albert Museum, London; the Museum of Fine Arts, Boston; and the Museum of Modern Art, New York. While incorporating products from organic cotton to metals and feathers and using cutting-edge technology, NUNO's fabrics are strongly rooted in Japanese textile tradition.

The installation of the exhibition takes the architecture of the Norah Rosamond Hughes Gallery as its starting point. An array of amazing fabrics will "dress" the gallery's many columns. This wonderful historic building where workers produced award-winning textiles for generations is the perfect showplace for astonishing fabrics that range from "Snowy Branches" to "Scrapyard." You won't want to miss this rare opportunity to enjoy the work of this international textile star!

For information, call the Museum at 256-3754. The Mississippi Valley Textile Museum is located at 3 Rosamond St. E. in Almonte.

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 Thu. July 3 with special guest **Ila Vann** (Soul Music Pioneer)  
 Every Friday **Shawn McCullough** (Westport, Guitar), 6-9  
 Every Sunday **Head Over Heels** (Ganoque, Guitar/Vocal Duo), 12:30-3:30  
 Mon. July 7, **The Lonely Hearts Club** (Montreal, Classic Rock/Pop Duo), 7-10  
 Sat. July 12 **Four Petty** A Musical Tribute to Tom Petty, 8-11, 2 sets, \$10  
 Tue. July 15 **Karaoke**, 7-10  
 Sat. July 19 **John Wilberforce** (Oxford Station, Folk/Country/Rock), 6-9  
 Sat. July 26 **Stringtease** (Westport, Gypsy/Blues/Folk), 6-9

Words From Westport

# Visit the Village!

Now that summer is in full swing, the Westport & Rideau Lakes Visitors Centre (located at 1 Spring Street in the heart of Westport) is open to provide visitors with all sorts of information about events here in the village and throughout the Rideau Lakes region. During July and August, the office is open seven days a week, from 9AM to 4PM — drop by, call 273-2929, or visit <[westportrideaulakes.on.ca](http://westportrideaulakes.on.ca)>.

First up in July is, of course, **Canada Day**, which brings great festivities to our

by Georgia Ferrell

small but mighty village. Come and enjoy the many fun activities, music events and the kids' bicycle parade at 3PM, and be sure to stay until dusk to experience the marvellous fireworks display.

This year's **Voice of the Rideau Singing Competition** is also underway. This all-ages competition is an initiative of the annual MUSICwestport Open Air Festival, which takes place this year on August 16. But don't delay, because the deadline for applying to the competition is July 14! More information and an application form can be found online at <[westportartscouncil.com](http://westportartscouncil.com)>, or you can drop in to Artemisia at 7 Spring Street to pick up a form. The contest is open to solo acts, duets or groups of



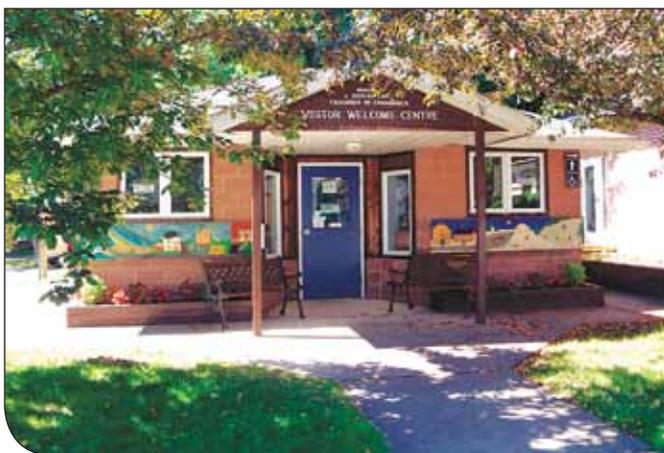
The "small but mighty" Village of Westport is always a lovely summer destination!

all ages; the categories are 18 and older, 13-17 years, and 12 and younger. Contestants under the age of 18 years will need the consent of a parent or guardian on their application form. Auditions will be held at the North Crosby Hall in Westport on Saturday, July 19, from 10AM to 4PM. The finals will be held as a part of MUSICwestport on August 16.

## Heritage Shout-Out

Westport's Heritage Festival was a resounding success this year. The beautiful sunny morning brought a record number of folks out to peruse the many offerings made by crafters.

Some of the goodies available included creations from Judy's Jams, Jellies and Jarfuls; Gina Ritchie's wonderfully colourful yarns and knitwear; woodworkers; and pie makers. [Eat your heart out, Simon, our pie folks are fantastic!] Congrats to Delores Beckermann (first prize), Debbie Bird (second), and Cynthia Grant (third) in the pie making competition. A nod also goes out to Sally Steeves, who took first place in the yummy squares section. Kudos to Nicki Thacker and her hardworking committees!



# A Pony, a Musician, and 100 Vendors Walk into a Bazaar...

## Annual Bridge Street Bazaar in CP on August 2

Calling all locals and out-towners! You are invited to downtown Carleton Place on Saturday, August 2, from 9AM to 4PM, to enjoy a summer community extravaganza.

The 9<sup>th</sup> annual BIA **Bridge Street Bazaar** will showcase the centre of this colourful and historical town, including a sidewalk shop with over one hundred vendors. Visitors can "Meet Us Downtown on the Mississippi", have the opportunity to shop, enjoy some great local entertainment, and eat at waterfront pubs and restaurants.

The entire downtown section of Bridge Street will be shut off to vehicular traffic, making room for a pedestrian-friendly area where merchants can display and sell their products. The full-day schedule of the sidewalk sale includes various activities and attractions, including some of Carleton Place's finest musicians, mascots and dancers.

## Don't Forget the Kids!

This family-fun event offers something for even our youngest visitors — petting zoo, pony rides, face painting and balloon animals are among the many activities that will delight the young and young at heart. The sound of pop, rock and country music will fill the air as spectators enjoy a full day of live local entertainment. Live entertainment... a

downtown market full of variety... and best of all, free of charge!

With community groups, restaurants and arts programs all coming together for the day, visitors will truly be able to immerse themselves in the culture of Carleton Place, discovering all that this great town has to offer. When the BIA works together with the Carleton Place community, great events are born that work to unify the people and develop a community's attraction and overall spirit.

Registration is now open for vendors at the 2014 BIA Bridge Street Bazaar. The cost is \$30 for a 10'x 10' space. All registration forms must be received by July 28 at 4PM.

If you have any questions regarding the Bridge Street Bazaar, please contact Cathie McOrmond at 257-8049 or <[cmcormond@carletonplace.ca](mailto:cmcormond@carletonplace.ca)>.



Photo by Tracy Lamb, Mopani Communications

# Elm Tree Farm

Land is a pretty big deal when it comes to farming. Proportions of clay, loam, sand and rock determine much about the land's intrinsic ability to hold nutrients and moisture, and also its arable potential. Proximity to markets, towns and services (such as abattoirs) may also be a consideration in the pur-

framed by trees and old fence lines, shifting and changing from moment to moment. The potent, latent energy of old settlements seeps into one's imagination. It's not Tuscany. No. But who really needs Tuscany when you have the nooks and crannies of Eastern Ontario?!

Speaking of Tuscany... It might be natural if food and landscape were to come to mind. And it's this winning combination that is the real topic of this month's column. As those of you who've read this column before may have discerned, I am enamored with the *culture* of small-scale farming and the people who add so greatly to our collective local culture by sinking their passion and energy into the production of beautiful, wholesome, locally-available food. Elm Tree Farm is such a place. Its picturesque and abundant gardens, nestled in the rolling forested slopes, are the setting for the farm's second annual harvest event: *Double Dig It*.

Owners Allaine Nordin and Tom Waller bought this 80+ acre pocket of land close to Arden in

the mid '90s. At that time, both had bodywork practices in Ottawa — Tom in massage therapy, Allaine in acupressure. Farming was not their ambition, but both had felt a growing desire to find a spot where they could connect deeply with nature and grow some of their own food. Tuning in to the body's energetic pathways and supporting energy flows was integral to the work each practiced on humans. Learning to transfer this sensitivity to the land came naturally, and eventually led them towards biodynamic farming practices.



Now, more than twenty years later, the farm is Demeter-certified, and the couple eats year-round from what they grow, sells biodynamic produce and preserves at the Sharbot Lake Farmers Market, and takes CSA shares into Ottawa clients each week.

Widely regarded as the platinum standard of organic food, Demeter's biodynamic certification requires biodiversity and ecosystem preservation, soil husbandry, livestock integration, the prohibition of genetically engineered organisms, and viewing the farm as a living "holistic organism". Biodynamic principles are akin to homeopathy for the land. The methods used release, enhance and support the land's inherent energetic and generative/creative potential. Allaine notes how the feel of the farm has changed. "When we arrived, energy moved past the land. Today energy resides here." One can see and sense it.

Last year, inspired by Outstanding in the Field (an organization that connects diners to the food they eat via spectacular farm-hosted dinners), Allaine and Tom launched the first of *their* version of a farm feast. As Tom puts it, "It is a dining event not just *at* the farm but *of* the farm." What is significant is that close to 100% of the food (prepared by celebrated Ottawa chefs) for the dinner will have been grown or raised on the farm. This August 16, up to sixty lucky people will venture to the farm to revel in the second iteration of *Double Dig It*. The name of the event may not signify much to those unfamiliar with certain gardening practices, but "Double digging" is a method often done (by hand) when cultivating a new garden. It provides a nice meta-



## Who They Are

Elm Tree Farm, Tom Waller & Allaine Nordin  
1090 Hayes Rd., RR4, Arden, ON K0H 1B0  
335-3361 <info@elmtreefarm.ca> <elmtreefarm.ca>

## What They Offer

Demeter-certified biodynamic vegetables, fruit and preserves. CSA shares delivered to Sharbot Lake and Sandy Hill (Ottawa). August 16: Double Dig It (an open-air, on-farm harvest feast). Workshops: check website or Facebook periodically for updates

## Where They Sell

Sharbot Lake Farmers Market, Saturdays 9AM-1PM

by Susie Osler

chase of farmland. The *lay* of the land will dictate what may be cultivated, as well as sometimes by what means (steeper slopes can be treacherous on a tractor). Valley bottoms can be fertile but wet until late in the season. Large, flat, open areas are environments for the large machinery and swaths of single crops of conventional farming. But what characterizes many of the small farms of Eastern Ontario is their back-woods, tucked-away charm. They open up like a scene unfolding in a gorgeous independent film: winding dirt road approaches... views



On August 16, Elm Tree Farm invites the public to come out to the farm for the second iteration of their **Double Dig It** farm-hosted dinner. Close to 100% of the food (prepared by celebrated Ottawa chefs) will have been grown or raised on the farm. Reservations are required, and tickets can be purchased online.



## Art on the Grass

Sat. Aug. 16

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Contact: 613-832-2156

## Best Ever Minted Sugar Snap Peas

Glossy, mint-infused sugar snap peas are produced through a cooking method which uses lettuce leaves to preserve the colour and moisture, without adding other liquid. This method yields exceptionally flavoursome peas, and any large-leafed lettuce will work.

In a smallish saucepan, place 4-5 washed lettuce leaves, still a bit wet. Snug in about a ½lb of sugar snap peas, strings removed. Tie together a bundle of fresh mint sprigs and two scallions, and place on top. Add another 4-5 washed lettuce leaves on top and place on high heat until you see steam come up. Cook, shaking several times, for 4-6 minutes. Remove lettuce and mint sprig. Enjoy!

phor for the event — suggesting the exploration of new frontiers on the farm, and the layers of roles and relationships they have with the land, food production, and people. This extension now includes providing inspiring, informative food-focused experiences at the farm.

Transportation to the Double Dig It event need not discourage less intrepid drivers. The option to take a hired coach from Ottawa (and back) makes getting to the event a cinch. Upon arrival you'll tour the farm with tapas and elixirs created by Allaine, before sitting down to a fantastic six-course meal served with local wines, at a table overlooking the gardens. A beautiful view over the land that's generated the de-

licious food prepared in situ for you — what more could you ask for? I hope you can check it out.

For more information about the farm and the Double Dig It event, visit their websites, <elmtreefarm.ca> and <double-dig-it.elmtreefarm.ca>. Tickets can be purchased online through the Double Dig It website.

For those wanting to know more about biodynamics, a couple of good books are: *The Barefoot Farmer* (Jeff Poppin) and *What is Biodynamics?* (Rudolf Steiner). Lots of information is also found online. A great place to start is at the Biodynamic Association's website <biodynamics.com>, where you can also find a backgrounder on the founder of Biodynamics, Rudolf Steiner.

## Kale & Pistachio Biscotti

Rebecca Eide is a foodie photographer living in Almonte, who blogs at <rebecca eats.com>. She's an accomplished baker inspired by natural, plant-based foods with a fresh vegan influence. This month, you'll find her recipe for Kale & Pistachio Biscotti (inspired by Elm Tree Farm) at <thehummm.com>



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# From Soccer to Samba

Before I begin, I need to confess something. I am a huge soccer fan, and during World Cup time a serious amount of procrastination happens on my part. So while I was procrastinating, my wife reminded me that my column was due. I told her that I was doing "research" by watching the World Cup, as I intended to try and tie soccer and music together. Let's see if it can be done.

I suppose we should start with the country where it is all happening. Brazil has an incredibly rich musical tradition, and when

such as the tamborim, which is a small drum that is very tightly tuned in order to provide a high timbre. Since the Second World War, American influences have added trumpets, trombones, clarinets and flutes to the mix of instruments that are widely used. In Brazil, samba is everywhere. Samba schools and carnival organizations exist in every part of the country, and samba is the official musical style of Brazil.

Another popular form to emerge out of Brazil in the 1950s is the bossa nova. This type of music is a fusion of samba and jazz, and the words "bossa nova" literally mean "new trend". Bossa nova is most commonly performed on a nylon-stringed classical guitar and, even in larger groups, there is almost always a guitar rhythm that is performed underneath. Piano is another instrument that is widely used, and there are some percussion instruments as well. However, unlike samba, percussion instruments are not considered to be essential to this style of music.

by Tony Stuart

you are watching the games and accompanying coverage, you can hear constant evidence of this. When thinking about Brazil, the first things that comes to mind for many people are the colourful and flamboyant carnivals and parades, with their fast-paced music and extravagant costumes.

Brazilian music has evolved, from both European and African influences, into a style that is uniquely its own. Europe has provided the classical influences. You can hear this in the folk music that has been handed down over the generations. Portugal has been the biggest influence, but European classical music in general was a big influence all over South America. In musical terms, we are mainly talking about melody.

The African influence comes mainly in the form of rhythm. Music from the African continent is characterized by diverse rhythms, many of which sound very foreign to our ears. It also features a wide variety of percussion instruments that migrated to South America. A lot of African music is also based on the idea of call and response, and Brazilian music reflects this.

The samba is recognized around the world as a symbol of Brazil, and you can hear the samba everywhere in that country. As mentioned above, for many people, the image of Carnival in Rio de Janeiro comes to mind. Samba has its origins in the West African slave trade, particularly from countries like Angola and the Congo, but there are also religious influences as well. Samba first developed in a province called Bahia, and quickly migrated to the rest of the country. In 2005, UNESCO declared the Samba de Roda, which is a dance circle, to be a Heritage of Humanity.

Traditionally, samba was played on stringed instruments such as the cavaquinho, which is a four-stringed guitar-like instrument, and drums



Jazz musicians came to adopt elements of bossa nova due to the influence of composers such as Antonio Carlos Jobim and Sergio Mendes, to name but a couple. Now, bossa nova tunes such as *The Girl from Ipanema* and *So Nice* are considered to be standards in every jazz musician's repertoire.

There are many other styles of music that are native to Brazil, and many of those incorporate elements of samba and bossa nova. There is even a genre of Brazilian rock music that has evolved since the 1950s. It is a unique country with a wonderful musical tradition.

That's all for now because, in the name of "research", I have a soccer match to watch. I hope everyone enjoys the spectacle that is the World Cup, and although Italy has bowed out early, there is still a lot of exciting soccer ahead.

— Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician.

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# Let the Celebrations Begin in Perth!

You've waited for it and pined for it and it's finally here — let the summer celebrations begin!

Once you recover from the Canada Day festivities, you'll find that there is no shortage of things to do the following weekend in Perth.

Art lovers may wish to take note of a show happening on Saturday, July 5. The **Music and Madness Art Show** will display the unique work by young Perth

by John Pigeau

artist Patrick Smulders. Patrick says the show gets its name because a lot of his pieces include "the subject of psychological instability and other forms of thought-provoking imagery." There will also be live music played throughout the day by local high school musicians — and free lemonade will be served. The show takes place outdoors at 21 Craig Street. Personally, I'd file this event under: must see.

If you're interested in getting your vintage on, well, break out some of your happy dance moves because it's once again time for the annual **Perth Antique Show and Sale**. Celebrating its 27<sup>th</sup> year, this grand and popular show attracts antique dealers from as far away as Quebec and Western Ontario, and many more merchants from all sorts of charming spots in between. Dealers — offering a wide range of quality antiques, including folk art, china, glass,

furniture, tools, brass, art, jewellery and textiles, as well as nostalgic collectibles and popular retro items — will set up in the air-conditioned Royal Canadian Legion Hall (at 26 Beckwith Street East) and outside beneath tents along the enchanting Tay Canal.

The show takes place July 5 and 6, tickets are \$7, and the doors are open both days from 10AM to 4PM. For more information call Bill Dobson at 283-5270.

Summer is a time for family. It's also a delightful time to go fishing. Don't have a fishing license? Don't worry about it! From July 5 to July 13, you can fish license-free on any lake or river in Ontario during **Ontario Family Fishing Week**. "Catch the Fun!" is the motto, and an apt one it is, but the week, sponsored by a diverse range of government and non-government organizations, is also designed "to remind people of the recreational and economic value of Ontario's recreational fishery, and the importance of sustaining and enhancing it for future generations." There are some limits, so please visit the Ontario Ministry of Natural Resources website <mnr.gov.on.ca> for more information. And have a ball, all you anglers!

Of course there are a whole lot of musical acts coming to town for the **Stewart Park Festival** (see page 5 for specifics) but, well, Perth being Perth and all, there are even more to tell you about. As a part of the Pacific Tunesmiths Tour, **Miss Emily Brown and David Ross MacDonald** will

grace the stage at the Full Circle Theatre on Saturday, July 12. Miss Brown's music has been described as "oceanic, huge," navigating the space between silence and sound. According to *Exclaim!* Magazine, her "voice is a mercurial weapon." (She'll also be playing at the Blue Skies Festival in August.) "David Ross MacDonald is," *Ameri-*



Miss Emily Brown is just one of many performers to play Perth this month

*can Songwriter Magazine* writes, "one of those few songwriters... that can captivate his listeners armed only with a voice and a guitar." *Acoustic Guitar Magazine* likened MacDonald's vocals, lyrics and intricate fingerstyle guitar style to "a collaboration between Nick Drake and a mid-1970s Bruce Cockburn." Yikes, now that is heady praise! This sure-to-be-a-knock-out show begins at 8PM; tickets are \$24 and available at Tickets Please at 39 Foster Street in Perth, online at <ticketsplease.ca>, or by calling 485-6434.

Touring his latest CD, *Stranger at the Wake* — which was long-listed for the 2013 Polaris Music Prize — Prince Edward Island native **Al Tuck** will pay a visit to the MERA Schoolhouse on July 3. The much-lauded folksinger has a huge fan in Feist, who said of Tuck: "I feel like we have our own living legend [in Tuck]. And he's alive, he's out on tour... everyone in their right mind should just go sit and listen. He weaves slow stories from the infinite wide range of things that usually stick in the rest of our throats. We're lucky he's got the words and he's sharing them."

The folk-rocker's got a nice-looking résumé, too, having been nominated for an East Coast Music Award, performed at Lollapalooza, and had a song (*Buddah*) featured on the soundtrack of the Bob Dylan-themed documentary *Complete Unknown*. In 2009, he released a record called *Food for the Moon*, which garnered him favourable reviews. Of the CD, *NOW Magazine* wrote, "Tuck's voice — thin, rough-hewn, distinct — reaches out intimately, and his songwriting never drops beneath top-shelf." A year later, Tuck was the voice of Milkman Cat in the Spike Jonze-produced animated short, *Higglety Pigglety Pop!*

Al Tuck plays the MERA Schoolhouse in McDonald's Corners on Thursday, July 3, at 8PM. Tickets are \$22 in advance and available at Tickets Please. Seating is limited, so you'd best act quickly — and if you get a seat, enjoy the show!

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